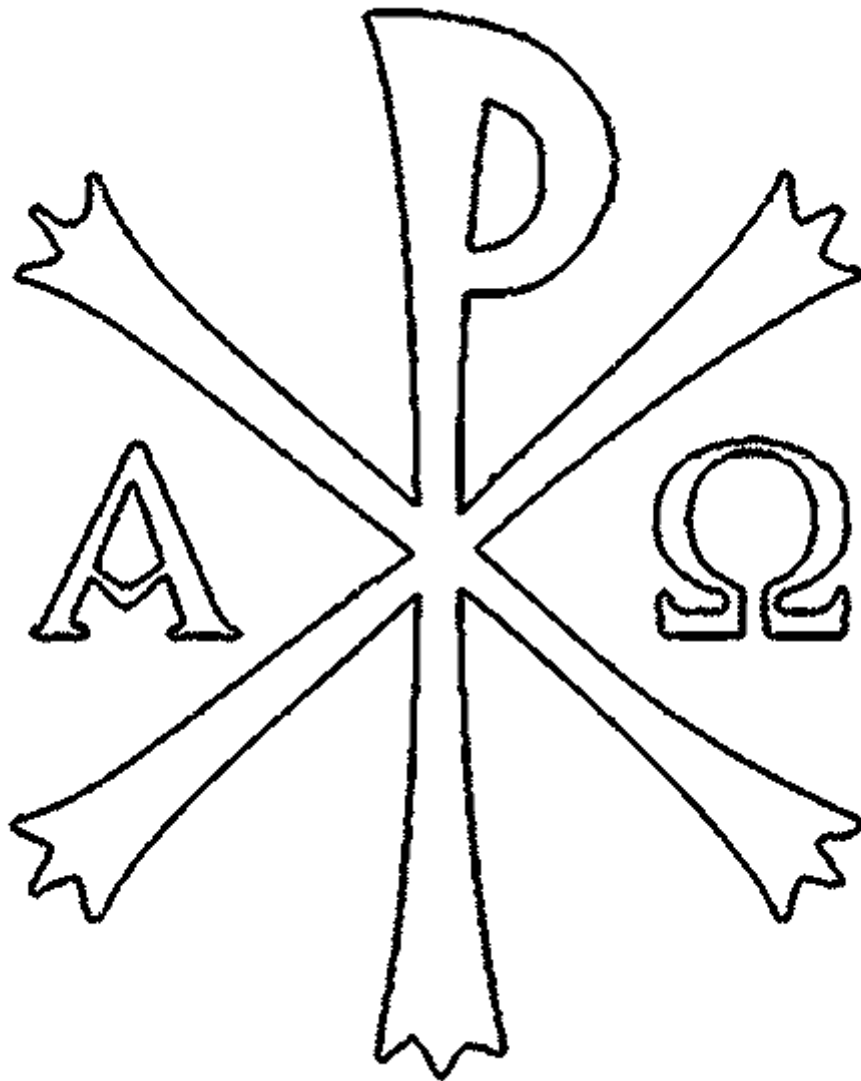


Traditional
Roman Catholic
Prayer Book



SUMMARY OF CHRISTIAN DOCTRINE

WHAT ARE WE TO BELIEVE.

I. It is absolutely necessary that everyone believe that there is one God, Who will reward the good and punish the wicked in the next life.

II. Every Christian must believe the mysteries of the Trinity and the Incarnation. By the Trinity is meant that in God there are three distinct Persons, each of whom is God; but still there are not three Gods, but only one God. The names of the three Divine Persons are the Father, the Son, and the Holy Ghost. By the Incarnation is meant that God the Son, the Second Person of the Blessed Trinity, became man, and died to redeem us from sin, and that He rose again, reigns in heaven, and will judge all mankind.

III. Every Christian is obliged to know all the principle truths of religion contained in the Apostle's Creed; The Ten Commandments of God; the Lord's Prayer; and the most necessary of the Sacraments—viz., Baptism, Penance, and the Eucharist.

IV. We are bound, moreover, to believe whatever God teaches by His Holy Church which is the pillar and ground of truth (I. Tim. iii., 15), and which, therefore, in her teaching, cannot err nor be drawn into error. Her teaching is amongst other ways, made known to us infallibly by the Roman Pontiff when he speaks *ex cathedra*—that is, when, discharging the office of Pastor of all Christians, he defines by virtue of his supreme apostolic authority a doctrine, regarding faith or morals, to be held by the Universal Church.

V. Every Catholic should know the Precepts of the Church— at least those that concern all Christians. It is advisable to know the Hail Mary also. It is better to learn *by heart* the Apostle's Creed, the Ten Commandments, and the Lord's Prayer; but if this be found very difficult, it is sufficient to know their contents *substantially*.

WHAT TO REMEMBER.

Remember that there is but—

One soul to save;
One God to love and serve;
One eternity to expect;
One death, which will soon come;
One Judgement, which follows immediately.

And then—What then?—

Heaven, the reward of a good life; or
Hell, the punishment of a wicked life.

THE SEVEN SACRAMENTS

Therefore—

Avoid sin;
Avoid the dangerous occasions of sin;
Avoid evil companions;
Avoid bad books, Movies, TV programs, and websites;
Go to the traditional Latin Mass regularly;
Go frequently to Confession and Communion;
Be fervent in your prayers;
Be devout to our Blessed Lady;
Be enrolled in her Scapular.

If there is a Confraternity in your parish, such as the Sacred Heart Association, the Holy Family, the Holy Name Society, the Knights of the Blessed Sacrament, Apostleship of Prayer, etc., become a member, for St. Francis de Sales says: " In doing so you will practice a kind of obedience which is very pleasing to God; for, though to join a confraternity is not commanded, yet it is recommended by the Holy Church, and to induce many to enrol themselves she grants great indulgences and privileges."



THE SEVEN SACRAMENTS

1. **Baptism** makes us Christians, children of God, members of His Holy Church, and heirs of heaven.

2. **Confirmation** gives us the seven gifts and graces of the Holy Ghost, to make us strong and perfect Christians and soldiers of Christ.

3. **The Holy Eucharist** is really and truly the Body and Blood, the Soul and Divinity of Jesus Christ, under the appearances of bread and wine. The Holy Eucharist is not only a Sacrament, in which we receive Our Divine Lord for the food and nourishment of our souls, and in which He is really, truly, and substantially present to be adored upon the altar; it is also a **Sacrifice**, the Sacrifice of the Mass, in which, at the time of consecration, the bread and the wine are, by the power of God, changed into the Body and Blood of Jesus Christ, and in which He is offered up for us to His eternal Father.

4. **Penance** forgives the sins committed after Baptism.

5. **Extreme Unction**, received in dangerous illness, strengthens and comforts the soul, remits sin, and restores health if God sees it to be expedient.

6. **Holy Orders** ordains Bishops, Priests, and other Ministers of the Church.

7. **Matrimony** is the Sacrament of Christian Marriage.

FAST AND ABSTINENCE



REGULATIONS FOR FAST AND ABSTINENCE

The Church's Law of Fasting and Abstinence.

1. The Law of Abstinence forbids the use of flesh-meat and of soup etc. made from it. Eggs, cheese, butter, and seasonings of food are permitted. The Law of Fasting forbids more than one full meal a day, which must not be taken before noon.

2. All Catholics seven years old and over are obliged to abstain. All Catholics from the completion of their twenty-first to the beginning of their sixtieth year, unless lawfully excused are bound to fast.

In the United States of America:

Abstinence alone is prescribed *every Friday*, unless a holiday of obligation falls thereon.

Fasting and Abstinence are prescribed in the United States on the Wednesdays and Fridays of Lent and Holy Saturday forenoon (on all other days of Lent fasting alone is prescribed and meat is allowed once a day), the Ember Days, viz., the Wednesday, Friday, and Saturday following the first Sunday of Lent, Pentecost, the 14th of September, and the third Sunday of Advent; the Vigils of Pentecost or Whit-Sunday, Assumption, All Saints, and Christmas.

There is no fast or abstinence if a Vigil falls on a Sunday. Whenever meat is permitted, fish may be taken at the same meal.

A dispensation is granted to the labouring classes and their families on all days of Lent and abstinence, except Fridays, Ash-Wednesday, Wednesday in Holy Week, Holy Saturday forenoon, and the Vigil of Christmas. When any member of such a family lawfully uses this privilege all the other members may avail themselves of it also; but those who fast may not eat meat more than once a day.

Lent, except Sundays and St. Patrick's Day; the Ember Days; the Vigils or eves of Whit-Sunday, the Assumption, All Saints and Christmas Day; the Fridays of Advent.

2. Abstinence Days: All Fridays except when Christmas Day falls on a Friday.



THE PASCHAL PRECEPT

The time for complying with the Paschal Precept of Communion extends from Ash Wednesday to Trinity Sunday, unless the Bishop of a diocese extends the time in remote places, until the Octave of the Feast of SS. Peter and Paul. (July 6).



CELEBRATION OF MARRIAGE

According to the present discipline of the Church, Marriage may be celebrated at any time of the year. The solemn celebration of Marriage with Nuptial Mass is, however, forbidden during Advent or Lent— i.e., from the first Sunday of Advent to Christmas Day, both inclusive, and from Ash Wednesday to Easter Sunday inclusive.



ASPIRATIONS.

These little acts of love to Jesus and Mary, especially if they are said with fervour and devotion, help to take away part of the punishment that may still be due to our sins, even after God has forgiven them. These aspirations should be learnt by heart, so that we may be able to repeat some of them any part of the day that we are inclined to speak to Jesus or to His Blessed Mother.

O Sacred Heart of Jesus, I implore that I may love Thee daily more and more.

Sweet Jesus bless our parents, our brothers and sisters and our companions. Bless our Holy Father the Pope and all his bishops and Priests, and help them in their work for the salvation of souls. Bless our country and help our people to serve Thee in peace and happiness.

{Heart of Jesus, once in agony, pity the dying.

{Jesus, Mary and Joseph, I give you my heart and my soul.

{Jesus, Mary and Joseph, assist me in my last agony.

{Jesus, Mary and Joseph, may I breathe forth my soul in peace with you. Amen.

O Jesus, have pity on the poor souls in purgatory, and give them eternal rest. Amen.

Our Lady help of Guadalupe, pray for us.

St Rose of Lima, pray for us.

St. Joseph, pray for us.



PRAYERS

THE SIGN OF THE CROSS.

In nómine Patris, et Fílii, ✠ et Spíritus Sancti. Amen. In the name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

THE LORD'S PRAYER.

Pater noster, qui es in cælis, sanctificétur nomen tuum. Advéniat regnum tuum. Fiat volúntas tua, sicut in cælo et in terra. Panem nostrum quotidiánum da nobis hódie. Et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatiónem: sed libera nos a malo. Amen. Our Father, Who art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

HAIL MARY.

Ave, María, grátia plena; Dóminus tecum: benedícta tu in muliéribus, et benedíctus fructus ventris tui JESUS. Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ. Amen. Hail, Mary, full of grace; The Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, JESUS. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLE'S CREED

Credo in Deum, Patrem omnipoténtem Creatórem cæli et terræ. Et in Jesum Christum, Fílium ejus únicum, Dóminum nostrum: qui concéptus est de Spíritu Sancto, natus ex María Vírgine, passus sub Póntio Piláto, crucifixus, mórtuus, et sepúltus: descéndit ad íferos; tértia die resurréxit a mórtuis; ascéndit ad cælos; sedet ad dexteram Dei Patris omnipoténtis: inde ventúrus est judicáre vivos et mórtuos. Credo in Spíritum Sanctum, sanctam Ecclésiám catholicam, Sanctórum communiónem, remissiónem peccatórum. Carnis resurrectiόnem. Vitam ætétnam. Amen. I believe in God, the Father almighty, Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried: he descended into hell; the third day he arose again from the dead; he ascended into heaven; sitteth at the right hand of God the Father almighty: from thence he shall come to judge the living and the dead. I believe in the Holy Ghost, the holy Catholic Church, the communion of Saints, the forgiveness of sins. The resurrection of the body. And life everlasting. Amen.

PRAYERS

GLORY BE TO THE FATHER

Glória Patri, et Fílio, et Spirítui Sancto. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

THE MORNING OFFERING

O Jesus, through the most pure heart of Mary, I offer Thee the prayers, works, joys and sufferings of this day for all the intentions of Thy divine Heart.

GRACE BEFORE MEALS

Benedic, Domine, nos et hæc tua dona quæ de tua largitate sumus sumpturi per Christum Dominum Nostrum. Amen. Bless us, O Lord, and these Thy gifts which of Thy bounty we are about to receive, through Christ our Lord. Amen.

GRACE AFTER MEALS

Agimus tibi gratias, omnipotens Deus, pro universis beneficiis tuis, qui vivis et regnas in sæcula sæculorum. Amen. We give Thee thanks, O Almighty God, for all Thy benefits, Who livest and reignest world without end . Amen.

Fidelium animæ per misericordiam Dei requiescant in pace. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

THE CONFITEOR

Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Arch-ángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, et ómnibus Sanctis, quia peccávi nimis cogitatióne, verbo et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, et omnes Sanctos, oráre pro me ad Dóminum, Deum nostrum. I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed: through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, to pray to our Lord our God for me.

AN ACT OF CONTRITION

Deus meus, ex toto corde poenitet me omnium meorum peccatorum, eaque O my God! I am heartily sorry for having offended Thee; and I detest all my sins,

PRAYERS

detestor, quia peccando, non solum poenas a te iuste statutas promeritus sum, sed praesertim quia offendi te, summum bonum, ac dignum qui super omnia diligaris. Ideo firmiter propono, adiuvante gratia tua, peccata mea confiteri, pœnitentiam agere, et vitam meam emendare. Amen.

A SHORT ACT OF CONTRITION

O my God, I am very sorry that I have sinned against Thee, because Thou art so good, and I will not sin again.

AN ACT OF FAITH

Domine Deus, firma fide credo et confiteor omnia et singula quae sancta ecclesia Catholica proponit, quia tu, Deus, ea omnia revelasti, qui es aeterna veritas et sapientia quae nec fallere nec falli potest. In hac fide vivere et mori statuo. Amen.

O my God, I firmly believe that Thou art one God in three divine persons, Father, Son and Holy Ghost; I believe that Thy divine Son became man and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived. Amen.

AN ACT OF HOPE

Dómine Deus, spero per gratiam tuam remissionem omnium peccatorum, et post hanc vitam aeternam felicitatem me esse consecuturum: quia tu promisisti, qui es infinite potens, fidelis, benignus, et misericors. In hac spe vivere et mori statuo. Amen.

O my God, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

AN ACT OF CHARITY

Dómine Deus, amo te super omnia proximum meum propter te, quia tu es summum, infinitum, et perfectissimum bonum, omni dilectione dignum. In hac caritate vivere et mori statuo. Amen.

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

PRAYERS

TO MY GUARDIAN ANGEL

Angele Dei, qui custos es mei, me tibi commissum pietate superna hodie (hac nocte) illumina, custodi, rege et gubernas. Amen.	Angel of God my guardian dear, To whom God's love commits me here, Ever this day (night) be at my side, To light and guard, to rule and guide. Amen.
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THE ANGELUS

V. Angelus Dómini nuntiávit Mariæ. R. Et concépit de Spiritu Sancto. Ave, Maria, etc.	V. The Angel of the Lord declared unto Mary. R. And she conceived of the Holy Ghost. Hail Mary, etc.
V. Ecce ancílla Dómini, R. Fiat mihi secúndum verbum tuum. Ave, Maria, etc	V. Behold the handmaid of the Lord. R. Be it done unto me according thy word. Hail Mary, etc.
V. Et Verbum caro factum est, R. Et habitávit in nobis. Ave, Maria, etc	V. And the Word was made Flesh R. And dwelt among us. Hail Mary, etc.
V. Ora pro nobis, sancta Dei Genetrix, R. Ut digni efficiámur promissionibus Christi.	V. Pray for us, O holy Mother of God. R. That we may be made worthy of the promises of Christ.
Orémus. Grátiam tuam, quæsumus, Dómine, mentibus nostris infúnde; ut qui, Angelo nuntiánte, Christi Filii tui incarnatióem cognóvimus, per passió- nem eius et crucem ad resurrectiόνis glóriam perducámur. Per eúmdem Christum Dóminum nostrum. R. Amen.	Let us Pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through same Christ our Lord. R. Amen.

PRAYERS

REGINA CÆLI

The Regina Cæli is said instead of the Angelus, from Holy Saturday to the Saturday after Pentecost Sunday.

℣. Regina cæli, lætare, alleluia;

℟. Quia quem meruisti portare, alleluia,

℣. Resurrexit sicut dixit, alleluia:

℟. Ora pro nobis Deum, alleluia.

℣. Gaude et lætare, Virgo María, alleluia.

℟. Quia surrexit Dóminus vere, alleluia.

℣. O Queen of heaven! rejoice, Alleluia!

℟. For He whom thou didst merit to bear, Alleluia;

℣. Hast risen as he said, Alleluia.

℟. Pray for us to God. Alleluia.

℣. Rejoice and be glad, O Virgin Mary, alleluia.

℟. For the Lord hath risen indeed, alleluia.

Orémus. Deus, qui per resurrectionem Filii tui, Dómini nostri Jesu Christi, mundum lætificáre dignatus es: præsta, quæsumus; ut, per ejus Genetricem Virginem Mariam, perpetuæ capiámus gaudia vitæ. Per eundem Christum Dóminum nostrum. ℟. Amen.

Let us Pray. O God, Who through the life, death and Resurrection of Thy Son, our Lord Jesus Christ, hast brought great joy to the whole world, grant we beseech Thee that through the merits of His Virgin Mother Mary, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.

HAIL! HOLY QUEEN

Salve, Regína, mater misericórdiæ; vita, dulcédo et spes nostra, salve. Ad te clamámus éxsules filii Hevæ. Ad te suspirámus geméntes et flentes in hac lacrimárum valle. Eja ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui, nobis post hoc exsílium osténde. O clemens, o pia, o dulcis Virgo María.

Hail, holy Queen, mother of mercy! Hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.



THE SACRIFICE OF THE MASS

1. A sacrifice is the offering of a sensible thing made to God by a lawful minister for the purpose of expressing God's supreme authority over us, and our entire dependence on Him. The offering must be such as to signify, by the change effected in the thing offered, God's supreme dominion over His creatures.

2. Besides this chief purpose, sacrifice is also offered (a) to atone for sin, (b) to thank God for His past favours, and (c) to beg for His mercy and grace for the future. Hence there were four kinds of sacrifice offered to God under the Old Law— namely, holocausts, or whole-burnt offerings, to fulfil the first purpose of sacrifice; sin offerings, to fulfil the second purpose; thanksgiving-offerings, to fulfil the third purpose; and peace-offerings, to fulfil the fourth purpose.

3. From the beginning of the world, sacrifice formed the holiest and most important part of the worship of God. Before the Written Law was given by God to Moses, Abel offered in sacrifice the first of his flock; Noe, on coming forth from the Ark, built an altar, and offered of cattle and fowls that were clean, holocausts on the altar; Melchisedech, bringing forth bread and wine, offered sacrifice, for he was the priest of the Most High God. Gen. xiv., v. 18.)

4. When God gave the Written Law to the Jews, there was no part of it more strictly commanded than the manner, the place, and the time in which the various sacrifices were to be offered. A special tribe, that of Levi, with its 700 ministers, was set apart for this special purpose, and it was chiefly for the purposes of sacrifice that the wonderful Temple of Solomon was built.

5. But all these sacrifices were, after all, only figures, and promises of the great sacrifice of the New Law. God had more than once foretold by His Prophets that all these old sacrifices should one day cease, to make way for the sacrifice which was to be offered, first on Calvary, and ever afterwards, not in one place only, but in every place, from the rising of the sun till the going down thereof. (Mal. i., 11.)

This is the Sacrifice of the Mass, the sacrifice offered according to the order of Melchisedech, the sacrifice by which Christ continues on earth His eternal priesthood, for He is "a priest for ever, according to the order of Melchisedech." (Heb. v., 10.) It is the clean oblation which, unlike the sacrifice of the Old Law, cannot be defiled by the unworthiness of the officiating minister, because Christ Himself, the invisible High Priest, is the principal offerer.

To estimate the dignity of any sacrifice, there are three things to be considered—first, the dignity of the victim offered; second, the dignity of Him to Whom it is offered; and third, the dignity of the priest who offers it. In the Sacrifice of the Mass, we do not offer the firstlings of the flock, such as Abel offered; nor bread and wine, such as Melchisedech offered; nor the blood of animals, such as the Jewish priests offered;

THE SACRIFICE OF THE MASS

nor human sacrifice, such as Jephthe offered, but the body and blood, soul and divinity of Jesus Christ, the Man-God. Then, again, to Whom is the Sacrifice of the Mass offered? To no other than to God Himself, to Whom alone belongs the supreme authority and dominion which sacrifice signifies.

When, therefore, we speak of a Mass of the Blessed Virgin, or any of the Saints, we mean not a sacrifice offered to them, but to God, in their honour or to beg their intercession.

Finally, who is the Priest who principally offers the sacrifice of the Mass? It is no other than Christ Himself, whose name, and whose words, and whose authority the visible minister at the altar uses in celebrating the Holy Sacrifice.

By the Mass, then, we fulfil the four purposes for which sacrifice is offered, and pay the four immense debts we owe to God—homage, by offering the humiliations of Jesus; atonement, by renewing, in a mystic manner the sacrifice of the Cross; thanksgiving, by offering His well-beloved Son to the Eternal Father; and petition, by asking, in the name of the Great High Priest, who is "always living, to make intercession for us." (Heb. viii., 25.) Everyone who assists at Mass shares to some extent in the priesthood of Christ. Everyone is united with the Priest at the altar in offering the Holy Sacrifice to God. Hence, at the Orate Fratres, the Priest says: "Pray, bretheren, that my sacrifice and yours may be acceptable to God the Father almighty." And at the Memento for the Living he says: "Be mindful, O Lord. . . of all here present . . . for whom we offer, or who offer up, to Thee this sacrifice of praise for themselves, their families, and friends."

The thought that all present participate in offering the Holy Sacrifice will help to keep the mind entirely occupied on this sublime act of divine worship.

St. Thomas sums up the Catholic doctrine of the Eucharist as a Sacrament and a Sacrifice in these beautiful words: "O sacred banquet, in which Christ is received; the memory of His Passion is renewed: the soul is filled with grace, and there is given to us a pledge of future glory."

THE OBLIGATION OF HEARING MASS

Catholics are strictly bound to hear Mass on **All Sundays and Holidays of Obligation**.

The Holidays of Obligation are—

1. Our Lords Circumcision, 1st January.
2. Ascension Thursday, forty days after Easter.
3. Assumption of Blessed Virgin Mary, 15th August.
4. All Saints, 1st November.
5. The Immaculate conception, 8th December.
6. Christmas Day, December 25th

SACRIFICE OF THE MASS

To miss Mass on these days through one's own fault is a mortal sin. Persons who cannot hear Mass on these days will do well to say the Prayers at Mass at home while Mass is being offered in the Church.

Servants should try not to take a situation where they cannot hear Mass on Sundays and Holidays of Obligation.

Be careful always to be in good time for Mass; remember the warning of the Holy Ghost: "**Before prayer prepare thy soul, and be not as a man that tempteth God.**"—(Eccli. xviii., 23)



MANNER OF ASSISTING AT MASS.

(From the Decrees of the Plenary Council of Australia, 1895.)

LOW MASS

1. When the Priest enters the Sanctuary, all rise as a mark of respect. They kneel when the Priest begins Mass or (at the principal Mass on Sundays and Holidays) the prayers before Mass, and remain kneeling till the Gospel.
2. All stand during the Gospel and Creed, genuflecting at the *Et incarnatus est*; and after the *Dominus vobiscum* they may sit until the *Sanctus*.
3. At the Sanctus, when the bell is rung for the first time, all kneel, and continue to kneel until after the Communion of both Priest and people. When the Priest receives the first Ablution, they may sit; but they kneel again when he goes to the missal.
4. After the blessing, all rise and stand during the last Gospel. At the words *Et verbum caro factum est*, they genuflect. After the Last Gospel they kneel during the prayers after Mass.

PRAYERS AFTER LOW MASS.

In order to gain the indulgence attached to these prayers, all should answer the three Hail Marys and join with the priest in reciting the Hail, Holy Queen.

PRAYERS BEFORE MASS.

The Faithful may be requested to join in reciting these prayers aloud with the priest.

THE LORD'S PRAYER.

Our Father, Who art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

SACRIFICE OF THE MASS

THE APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried: he descended into hell; the third day he arose again from the dead; he ascended into heaven; sitteth at the right hand of God the Father almighty: from thence he shall come to judge the living and the dead. I believe in the Holy Ghost, the holy Catholic Church, the communion of Saints, the forgiveness of sins. The resurrection of the body. And life everlasting. Amen.

AN ACT OF HOPE.

O my God, relying on Thy promises, I hope that, through the infinite merits of Jesus Christ, Thou wilt grant me pardon of my sins, and the graces necessary to serve Thee in this life and to obtain eternal happiness in the next, Amen.

AN ACT OF CHARITY.

O my God, I love Thee with my whole heart and above all things, because Thou art infinitely good and perfect; and I love my neighbour as myself for love of Thee. Grant that I may love Thee more and more in this life and in the next for all eternity. Amen.

AN ACT OF CONTRITION.

O my God, I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my Loving Saviour Jesus Christ, and, most of all, because they offend Thine Infinite Goodness; and I firmly resolve, by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin. Amen.

PRAYER BEFORE MASS.

O God, Our Heavenly Father, to whose Divine majesty all men are bound to offer the homage of sacrifice, we thank Thee because Thou didst graciously accept the atoning sacrifice which Jesus Christ, Thy Son, offered up for our sins by His death upon the Cross. With profound gratitude we adore the Infinite Love of Thy Divine Son, Who willed that His redeeming sacrifice should be daily renewed in the Holy Mass, thus continuing in His Church the immolation of Calvary, and enabling us to offer a daily and acceptable sacrifice to Thee.

O Merciful Father, bestow Thy blessing upon us who have gathered around this altar to-day to offer the Holy Sacrifice of the Mass, and grant us the grace to join in this sublime act of worship with deep reverence and devotion. We firmly believe that all the members of the Catholic Church have received a share in the Priesthood of Thy Son, and that we are therefor privileged to unite in active co-operation with the priest

ORDER OF THE MASS

who is about to celebrate this sublime sacrifice. Grant that, while offering this great sacrifice through the hands of Thy consecrated minister, we may be intimately united also with the Great High Priest, Jesus Christ, so that our common offering of prayers and sacrifice may "ascend before Thy Divine Majesty as a sweet odour for our salvation."

In obedience to the command of our Divine Redeemer, we now, priest and people, offer this Holy Sacrifice in grateful memory of His bitter Passion, and of His glorious Resurrection and Ascension into heaven. We offer it to adore Thine Infinite Majesty; to Thank Thee for all the graces and blessings bestowed upon us, and make reparation for our own manifold sins and the sins of the world. We offer it for the intentions of our Holy Father the Pope, for our (Arch)bishop, and for all the clergy and faithful of the Church, especially for the congregation here present. We offer it for the sick, that they may be healed, if that be God's gracious will; for the dying, that they may yield up their souls in peace and meet with a merciful judgement; and for the souls of all the faithful departed who need our prayers, that they may more speedily be admitted into the joy of the Lord. Through the merits of Christ, we beseech Thee, O God of infinite majesty and power and wisdom, to grant to those who guide the destinies of our nation the spirit of true knowledge and of unselfish service; to hasten the conversion of America and of all those who still remain in the darkness of error or of unbelief; and, finally, to gather all the nations of the earth into the Kingdom of God and into the enjoyment of the Peace of Christ the King.

Deign, O Almighty and Eternal God, graciously to accept our sacrifice for these and all the special intentions of this congregation which are agreeable to Thy Holy Will. We offer it to Thee in union with Jesus Christ, Thy beloved Son, our Lord and Saviour, our High Priest and Victim, and in the name of the Most Holy Trinity, the father and the Son, and the Holy Ghost, to Whom be honour, praise and glory for ever and ever. Amen.

THE BEGINNING OF THE MASS.

When the Priest is vested he comes to the Altar, salutes, arranges the Sacred Vessels, and opens the Missal. Then descending to the foot of the altar, he begins the Preparation:

In nómine Patris, et Fílii, ✠ et Spíritus Sancti. Amen.

In the name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

P: Intróibo ad altáre Dei.

P: I will go in unto the altar of God.

S: Ad Deum qui lætíficat juventútem meam.

S: To God who giveth joy to my youth.

Psalm 42.

This Psalm is not said in Masses for the Dead or in Passiontide.

P: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo, et dolóso érué me.

P: Judge me, O God, and distinguish my cause from the nation which is not holy: deliver me from the unjust and deceitful man.

S: Quia tu es Deus fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

S: For Thou, O God, art my strength: why hast Thou cast me off? and why go I sorrowful whilst the enemy afflicteth me?

P: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum et in tabernácula tua.

P: Send forth Thy light and Thy truth: they have conducted me and brought me unto Thy holy mount, and into Thy tabernacles.

S: Et intróibo ad altáre Dei: ad Deum qui lætíficat iuventútem meam.

S: And I will go into the altar of God: to God who giveth joy to my youth.

P: Confitébor tibi in cíthara, Deus, Deus meus: quare tristis es ánima mea, et quare contúrbas me?

P: To Thee, O God, my God, I will give praise upon the harp; why art thou sad, O my soul, and why dost thou disquiet me?

S: Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.

S: Hope in God, for I will still give praise to Him: the salvation of my countenance and my God.

P: Glória Patri, et Fílio et Spíritui Sancto.

P: Glory be to the Father, and to the Son, and to the Holy Ghost.

S: Sicut erat in princípío, et nunc, et semper: et in sácula sæculórum. Amen.

S: As it was in the beginning, is now, and ever shall be, world without end. Amen.

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P: Intróibo ad altáre Dei.

S: Ad Deum qui lætíficat juventútem meam.

P: Adjutórium nostrum ☩ in nómine Dómini.

S: Qui fecit cælum et terram.

P: Confiteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Micháeli Archángelo, beáto Joánni Baptístae, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi Pater: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Micháelum Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.

P: Misereátur vestri omnipotens Deus, et dimíssis peccátis vestris, perdúcat vos ad vitam ætérnam.

S: *Amen.*

The server then recites the Confiteor, substituting "father" for "bretheren."

P: Indulgéntiam, ☩ absolutiónem, et remissionem peccatórum nostrórum, tribuat nobis omnipotens et miséricors Dóminus.

S: *Amen.*

P: Deus, tu convérsus vivificábis nos.

S: Et plebs tua lætábitur in te.

P: Osténde nobis Dómine, misericórdiam tuam.

S: Et salutáre tuum da nobis.

P: Dómine, exáudi oratióne meam.

S: Et clamor meus ad te véniat.

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Orémus.

P: I will go in unto the altar of God.

S: To God who giveth joy to my youth.

P: Our help ☩ is in the Name of the Lord.

S: Who made heaven and earth.

P: I confess to almighty God, to the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, to all the Saints, and to you, Father, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore I beseech the blessed Mary, ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray to the Lord our God for me.

P: May almighty God be merciful unto thee, and forgiving thee thy sins, bring thee to everlasting life.

S: Amen.

P: May the ☩ almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

S: Amen.

P: O God, Thou wilt turn again and quicken us.

S: And thy people shall rejoice in Thee.

P: Show us, O Lord, Thy mercy.

S: And grant us Thy salvation.

P: O Lord, hear my prayer.

S: And let my cry come before Thee.

P: The Lord be with you.

S: And with thy spirit.

P: Let us pray.

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Going up to the altar, the Priest says:

Aufer a nobis, quæsumus, Dómine, iniquitates nostras: ut ad Sancta sanctorum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.

Take away from us our iniquities, we beseech Thee, O Lord, that we may be worthy to enter with pure minds into the Holy of Holies, through Christ our Lord. Amen.

He kisses the Altar .

Orámus te, Dómine, per mérita Sanctorum tuorum, quorum reliquiæ hic sunt, et ómnium Sanctorum: ut indulgére dignéris ómnia peccáta mea. Amen.

We beseech Thee, O Lord, by the merits of Thy Saints, whose relics are here, and of all the Saints, that Thou wouldst vouchsafe to forgive me all my sins. Amen.

The Priest now goes to the Missal and reads the Introit, which is different for almost every day. The following prayer may be recited:

Let the name of the Lord be blessed now and forever. From the rising to the setting of the sun let all praise be given to the name of the Lord. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Priest, at the middle of the altar, says alternately with the server:

P: Kýrie eléison.

P: Lord, have mercy on us.

S: Kýrie eléison.

S: Lord, have mercy on us.

P: Kýrie eléison.

P: Lord, have mercy on us.

S: Christe eléison.

S: Christ, have mercy on us.

P: Christe eléison.

P: Christ, have mercy on us.

S: Christe eléison.

S: Christ, have mercy on us.

P: Kýrie eléison.

P: Lord, have mercy on us.

S: Kýrie eléison.

S: Lord, have mercy on us.

P: Kýrie eléison.

P: Lord, have mercy on us.

Gloria in Excelsis.

Then, on feast days, he says:

Glória in excélsis Deo. Et in terra pax homínibus bonæ voluntátis. Laudámus te. Benedícimus te. Adorámus te. Glorificámus te. Grátias ágimus tibi propter magnam glóriam tuam. Dómine Deus, Rex cæléstis, Deus Pater omnípotens.

Glory be to God on high, and on earth peace to men of good will. We praise Thee. We bless Thee. We adore Thee. We glorify Thee. We give Thee thanks for Thy great glory. O Lord God, heavenly King, God the Father almighty.

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Dómine Fíli unigénite Jesu Christe. Dómine Deus, Agnus Dei, Fílius Patris. Qui tollis peccáta mundi, miserére nobis. Qui tollis peccáta mundi, suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserére nobis. Quóniam tu solus Sanctus. Tu solus Dóminus. Tu solus Altíssimus Jesu Christe. Cum Sancto Spíritu ✠ in glória Dei Patris. Amen.

O Lord Jesus Christ, the only begotten Son. O Lord God, Lamb of God, Son of the Father. Who takest away the sins of the world, have mercy on us. Who takest away the sins of the world, receive our prayer. Who sittest at the right hand of the Father, have mercy on us. For Thou only art holy. Thou only art the Lord. Thou only art most high, O Jesus Christ. Together with the Holy Ghost ✠ in the glory of God the Father. Amen.

The Epistle.

The Epistle is generally taken from the Epistles of the Apostles, and varies according to the feast. Read the following. (Philip iv., 4-9.)

Rejoice in the Lord always: again I say, rejoice. Let your modesty be known to all men: The Lord is nigh. Be nothing solicitous: but in everything, by prayer and supplication with thanksgiving, let your petitions be made known to God. And the peace of God, which surpasseth all understanding, keep your hearts and minds in Christ Jesus. For the rest, brethren, whatsoever things are true, whatsoever modest, whatsoever just, whatsoever holy, whatsoever amiable, whatsoever of good fame, if there be any virtue, if any praise of discipline, think on these things. The things which ye have both learned and received and heard and seen in me, these do ye; and the God of peace shall be with you.

S: Deo grátias.

S: Thanks be to God.

Then follow the Gradual Hymns, which vary according to time.

Be Thou unto me a God, a protector, and a House of Refuge to save me. In Thee, O God, have I hoped; O Lord, never let me be confounded.

Deal not with us, O Lord according to our iniquities.

Help us, O God our Savior; and for the glory of Thy name, O Lord, deliver us, and forgive us our sins for Thy name's sake.

Come, ye children, hearken unto me: I will preach you the fear of the Lord. Come ye to Him and be enlightened; and your faces shall not be confounded. Alleluia, alleluia. O clap your hands, all ye nations: shout unto God with the voice of joy. Alleluia.

The Gospel.

The Missal is now changed to the left side of the altar. Meanwhile the Priest bows down and says:

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Munda cor meum ac lábia mea, omnipotens Deus, qui lábia Isaíæ prophétæ cáculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre ut sanctum Evangélium tuum, digne váleam nuntiáre. Per Christum Dóminum notsrum. Amen.

Jube Domine benedícere.

Dóminus sit in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

Then, going to the Missal, he says:

P: Dóminus vobíscum.

S: Et cum spírítu tuo.

P: Sequentia (*vel* Inítium) sancti Evangélii secúndum **N** . . .

S: Glória tibi, Dómine.

Cleanse my heart and my lips, O almighty God, who didst cleanse the lips of the prophet Isaias with a burning coal, and vouchsafe, through Thy gracious mercy, so to purify me, that I may worthily announce Thy holy Gospel. Through Christ our Lord. Amen.

Give me Thy blessing, O Lord

The Lord be in my heart and on my lips, that I may worthily and in a becoming manner, proclaim His holy Gospel. Amen.

P: The Lord be with you.

S: And with thy spirit.

P: The continuation (*or* beginning) of the holy Gospel according to **N** . . .

S: Glory be to Thee, O Lord.

During the Gospel, which varies each day, read the following, which is from the Sermon on the Mount, and contains the eight beatitudes (Matt. v., 1-12.)

At that time, Jesus seeing the multitudes, went up into a mountain; and when He was set down, His disciples came unto Him, and opening His mouth, He taught them, saying, Blessed are the poor in spirit; for theirs is the kingdom of Heaven. Blessed are the meek; for they shall possess the land. Blessed are they that mourn; for they shall be comforted. Blessed are they that hunger and thirst after justice; for they shall have their fill. Blessed are the merciful; for they shall obtain mercy. Blessed are the clean of heart; for they shall see God. Blessed are the peace-makers; for they shall be called the children of God. Blessed are they that suffer persecution for justice' sake; for theirs is the kingdom of heaven. Blessed are ye when they shall revile you and persecute you, and speak all that is evil against you untruly, for My sake; be glad and rejoice, for your reward is very great in heaven.

S: Laus tibi, Christe.

S: Praise be to Thee, O Christ.

The Sermon.

The Sermon may be preached at this time.

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The Nicene Creed.

The Creed of the Council of Nice is recited on Sundays and on greater feasts.

Credo in unum Deum, Patrem omnipotentem, factorem cæli et terræ, visibilibus omnium, et invisibilium. Et in unum Dominum Jesum Christum, Filium Dei unigenitum. Et ex Patre natum ante omnia sæcula. Deum de Deo, lumen de lumine, Deum verum de Deo vero. Genitum, non factum, consubstantiali Patri: per quem omnia facta sunt. Qui propter nos homines, et propter nostram salutem descendit de cælis. *(Here all kneel)* **ET INCARNATUS EST DE SPIRITU SANCTO EX MARIA VIRGINE: ET HOMO FACTUS EST.** Crucifixus etiam pro nobis: sub Ponto Pilato passus et sepultus est. Et resurrexit tertia die, secundum Scripturas. Et ascendit in cælum: sedet ad dexteram Patris. Et iterum venturus est cum gloria iudicare vivos, et mortuos: cujus regni non erit finis. Et in Spiritum Sanctum Dominum et vivificantem: qui ex Patre Filioque procedit. Qui cum Patre et Filio simul adoratur, et conglorificatur: qui locutus est per prophetas. Et unam sanctam catholicam et apostolicam Ecclesiam. Confiteor unum baptismum in remissionem peccatorum. Et expecto resurrectionem mortuorum. ✠ Et vitam venturi sæculi. Amen.

I believe in one God, the Father almighty, Maker of heaven and earth, and of all things, visible and invisible. And in one Lord Jesus Christ, the only begotten Son of God. And born of the Father, before all ages. God of God: Light of Light: true God of true God. Begotten, not made, consubstantial with the Father, by whom all things were made. Who, for us men, and for our salvation, came down from heaven. *(Here all kneel)* **AND BECAME INCARNATE BY THE HOLY GHOST OF THE VIRGIN MARY: AND WAS MADE MAN.** He was crucified also for us, suffered under Pontius Pilate, and was buried. And the third day He rose again according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge both the living and the dead, of whose kingdom there shall be no end. And in the Holy Ghost, the Lord and Giver of Life, proceeding from the Father and the Son. Who together, with the Father and the Son, is adored and glorified: Who spoke by the prophets. And in one, holy, Catholic and Apostolic Church. I confess one baptism for the remission of sins. And I look for the resurrection of the dead. ✠ And the life of the world to come. Amen.

The Offertory.

P: Dominus vobiscum.
S: Et cum spiritu tuo.

P: The Lord be with you.
S: And with thy spirit.

Then he reads the Offertory Hymn, which varies with the season.

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The angel of the Lord shall encamp round about them that fear Him and shall deliver them: O taste and see that the Lord is sweet.

Bless the Lord, O my soul, and forget not all His benefits; and thy life shall be renewed like the eagle.

I will extol Thee, O Lord, for Thou hast lifted me up, and hast not made my foes to rejoice over me; O Lord, my God, I have cried unto Thee, and Thou hast healed me.

The Preparation of the Bread.

Then he uncovers the sacred Vessels, and lifting up the bread, says:

Suscípe, sancte Pater, omnípotens ætérne Deus, hanc immaculátam hóstiam, quam ego indignus fámulus tuus óffero tibi Deo meo vivo et vero, pro innumerabílibus peccátis, et offensió nibus, et negligéntiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidélibus christiánis vivis atque defúntis: ut mihi, et illis proficiat ad salútem in vitam ætérnam. Amen.

Receive, O holy Father, Almighty Eternal God, this spotless Host, which I, Thine unworthy servant, offer unto Thee, my God living and true, for mine innumerable sins, offences, and negligences, and for all who stand around; and also for all faithful Christians, living and dead, that for me and for them it may be profitable unto salvation, unto life everlasting. Amen.

The Preparation of the Wine.

Then he pours wine and water into the chalice, saying:

Deus, ✠ qui humanæ substántiæ dignitátem mirabíliter condidísti, et mirabílius reformásti: da nobis per hujus aquæ et vini mystérium, eius divinitátis esse consórtes, qui humanitátis nostræ fieri dignátus est párticeps, Jesus Christus Fílius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíitus Sancti Deus: per ómnia sáecula sáeculórum. Amen.

O God, ✠ who, in creating human nature, didst wonderfully dignify it, and still more wonderfully restore it, grant that, by the Mystery of this water and wine, we may be made partakers of His divine nature, who vouchsafed to be made partaker of our human nature, even Jesus Christ our Lord, Thy Son, who with Thee, liveth and reigneth in the unity of the Holy Ghost, God: world without end. Amen.

He offers the chalice.

Offérimus tibi, Dómine, cálicem salutáris, tuam deprecántes cleméntiam: ut in conspéctu divínæ majestátis tuæ, pro nostra et totíus mundi salúte cum odóre suavitátis ascéndat. Amen.

We offer unto Thee, O Lord, the chalice of salvation, beseeching Thy clemency, that it may ascend before Thy divine Majesty, as a sweet savor, for our salvation, and for that of the whole world. Amen.

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Bowing down, he says:

In spírítu humilitátis, et in ánimo contríto suscipiámur a te, Dómine: et sic fiat sacrificium nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus.

Veni, Sanctificátor, omnípotens, ætérne Deus: et béne \times dic hoc sacrificium tuo sancto nómini præparátum.

Accept us, O Lord, in the spirit of humility and contrition of heart, and grant that the sacrifice which we offer this day in Thy sight may be pleasing to Thee, O Lord God.

Come, O almighty and eternal God, the Sanctifier, and bless \times this Sacrifice, prepared for the glory of Thy holy Name.

The Washing of the Hands.

He goes to the side of the altar and washes his hands, saying:

Lavábo inter innocéntes manus meas: et circúmdabo altáre tuum, Dómine. Ut áudiam vocem laudis: et enárrem univérsa mirabília tua. Dómine, diléxi decórem domus tuæ: et locum habitatiónis glóriæ tuæ. Ne perdas cum ímpiis, Deus, ánimam meam: et cum viris sánguinum vitam meam. In quorum mánibus iniquitátes sunt: délixera eórum repléta est munéribus. Ego autem in innocéntia mea ingrèssus sum: rédime me, et miserére mei. Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine. Glória Patri . . .

I will wash my hands among the innocent: and I will compass Thine altar, O Lord That I may hear the voice of praise: and tell of all Thy wonderous works. I have loved, O Lord, the beauty of Thy house and the place where Thy glory dwelleth. Take not away my soul, O God, with the wicked: nor my life with blood-thirsty men. In whose hands are iniquities, their right hand is filled with gifts. But I have walked in my innocence: redeem me, and have mercy on me. My foot hath stood in the direct way, in the churches I will bless Thee, O Lord. Glory to the Father . . .

He returns to the centre of the altar, and bows down and says:

Suscípe sancta Trínitas, hanc oblatiónem, quam tibi offérimus ob memóriam passiónis, resurrectiόnis, et ascensiόnis Jesu Christi Dómini nostri: et in honórem beátæ Mariæ semper Vírginis et beáti Joánnes Baptistæ, et sanctórum Apostolórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salútem: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúmdem Christum Dóminum nostrum. Amen.

Receive, O holy Trinity, this oblation which we make to Thee, in memory of the Passion, Resurrection and Ascension of our Lord Jesus Christ, and in honor of Blessed Mary, ever Virgin, blessed John the Baptist, the holy Apostles Peter and Paul, and of all the Saints, that it may avail unto their honor and our salvation, and may they vouchsafe to intercede for us in heaven, whose memory we celebrate on earth. Through the same Christ our Lord. Amen.

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The Orate Fratres.

Then he kisses the altar, and, turning towards the people, he says:

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|---|---|
| P: Oráte fratres, ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem. | P: Bretheren, pray that my Sacrifice and yours may be acceptable to God the Father almighty. |
| S: Suscípiat Dóminus sacrificium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitátem quoque nostram, totiúsque Ecclésiæ suæ sanctæ. | S: May the Lord receive the Sacrifice from thy hands, to the praise and glory of His Name, to our benefit and that of all His holy Church. |
| P: Amen. | P: Amen. |

He now reads the Secret Prayer. It varies with the season.

Mercifully hear our prayer, O Lord, and graciously accept this oblation which we, Thy servants make unto Thee; and as we offer it to the honour of Thy name, may it be to us a means of obtaining Thy grace here and life everlasting hereafter. Through Jesus Christ, Thy Son, Our Lord, Who livest and reignest with Thee in the unity of the Holy Ghost, God:

He raises his voice:

- | | |
|---------------------------------------|------------------------------|
| P: Per ómnia sæcula sæculórum. | P: World without end. |
| S: Amen. | S: Amen. |

The Preface.

- | | |
|---|---|
| P: Dóminus vobíscum. | P: The Lord be with you. |
| S: Et cum spírítu tuo. | S: And with thy spirit. |
| P: Sursum corda. | P: Lift up your hearts. |
| S: Habémus ad Dóminum. | S: We have lifted them up to the Lord. |
| P: Grátias agámus Dómino Deo nostro. | P: Let us give thanks to the Lord our God. |
| S: Dignum et justum est. | S: It is meet and just. |

It is truly meet and just right and salutary, that we should always and everywhere give thanks unto Thee, O Holy Lord, Father Almighty, Everlasting God, Who, with Thine only begotten Son and Holy Ghost, art one God, art one Lord. Not in the unity of one Person, but in the Trinity of one Substance. For what we believe of Thy glory because of Thy revelation, the same do we hold as to Thy Son, the same as to the Holy Ghost, without difference or distinction. In order that in the confession of the true and everlasting Godhead, both distinction in persons and unity in essence and equality in majesty may be adored; with Angels and Archangels do praise. Cherubim and Seraphim; who cease not daily to cry out with one voice, saying:

Holy, Holy, Holy, Lord God of Hosts. The heavens and the earth are filled with Thy glory. Hosanna in the highest. Blessed ✠ is He that cometh in the name of the Lord. Hosanna in the highest.

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THE CANON OF THE MASS.

The Priest now enters upon the solemn part of the Mass. He elevates his hands, and raises his eyes towards heaven, then bows down and kisses the altar.

OFFERING OF THE MASS FOR THE CHURCH.

Te igitur, clementissime Pater, per Jesum Christum Filium tuum Dominum nostrum, supplices rogamus ac petimus *He kisses the altar* uti accepta habeas, et benedicas, hæc ✠ dona, hæc ✠ mûnera, hæc ✠ sancta sacrificia illibata. in primis, quæ tibi offerimus pro Ecclesia tua sancta catholica: quam pacificare, custodire, adunare, et regere digneris toto orbe terrarum: una cum famulo tuo Papa nostro **N.**, et Antistite nostro **N.**, et omnibus orthodoxis, atque catholicæ, et apostolicæ fidei cultoribus.

We therefore, humbly pray and beseech Thee, most merciful Father, through Jesus Christ; Thy Son, our Lord, *He kisses the altar* that Thou wouldst vouchsafe to accept and bless these ✠ gifts, these ✠ presents, these ✠ holy unspotted Sacrifices, which in the first place we offer Thee for Thy holy Catholic Church to which vouchsafe to grant peace, as also to preserve, unite, and govern it throughout the world, together with Thy servant **N.**, our Pope, and **N.**, our Bishop, and all orthodox believers and professors of the Catholic and Apostolic Faith.

Offering for the Living.

Meménto, Dómine, famulorum, famularumque tuarum **N.**, et **N.**, et omnium circumstantium, quorum tibi fides cognita est, et nota devotio, pro quibus tibi offerimus: vel qui tibi offerunt hoc sacrificium laudis, pro se, suisque omnibus: pro redemptione animarum suarum, pro spe salutis, et incolumitatis suæ: tibi que reddunt vota sua ætérno Deo, vivo et vero.

Be mindful, O Lord, of Thy servants and handmaidens, **N.**, et **N.**, and of all here present, whose faith and devotion are known unto Thee, for whom we offer, or who offer up to Thee, this sacrifice of praise for themselves, their families and friends, for the redemption of their souls, for the health and salvation they hope for; and who now pay their vows to Thee, the everlasting, living and true God.

Offering in Honour of the Saints.

Communicantes, et memoriam venerantes in primis gloriosæ semper Virginis Mariæ, Genitricis Dei et Dómini nostri Jesu Christi: sed et beatorum Apostolorum ac Mátyrum tuorum, Petri et Pauli, Andréæ, Jacóbi, Ioánnis, Thomæ, Iacóbi, Philíppi,

Communicating with, and honoring in the first place the memory of the glorious ever Virgin Mary, Mother of Our Lord and God Jesus Christ: as also of the blessed Apostles and Martyrs Peter and Paul, Andrew, James, John,

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Bartholomæi, Matthæi, Simónis, et Thaddæi: Lini, Clet, Cleméntis, Xysti, Cornélii, Cypriáni, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiánis: et ómnium Sanctórum tuórum; quorum méritis, precibúsq; concédas, ut in ómnibus protentiónis tuæ muniámur auxilió. Per eúmdem Christum Dóminum nostrum. Amen.

Thomas, James, Philip, Bartholomew, Matthew, Simon, and Thaddeus; Linus, Cletus, Clement, Xystus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and of all Thy Saints, through whose merits and prayers, grant that we may in all things be defended by the help of Thy protection. Through the same Christ our Lord. Amen.

Before the Consecration, the priest extends his hands over the Chalice and Host, as the High Priest formerly did over the victim sacrificed for the sins of the people. The bell is rung as a warning of the approaching Consecration.

Quam oblatiónem tu Deus, in ómnibus quæsumus, bene✠díctam, adscríptam ✠, ra✠tam, rationábilem, acceptabilémque fácere dignéris: ut nobis Cor✠pus, et San✠guis fiat dilectíssimi Fílii tui Dómini nostri Jesu Christi.

Which oblation do Thou, O God, vouchsafe in all respects, to bless, ✠ approve, ✠ ratify, ✠ make worthy and acceptable; that it may be made for us the Body ✠ and Blood ✠ of Thy most beloved Son Jesus Christ our Lord.

The Consecration.

The Priest takes in his hands the bread, and, lifting his eyes to heaven to show that this great mystery is worked by the power of God, he makes use of the very words of Our Lord at the Last Supper: "This is my Body." The bread at that moment is changed into the Body of Jesus Christ, true God, and true Man, even as He was in the Sacrifice of Calvary. The Priest bends his knee in deepest reverence, and then holds up the Sacred Host for the people to adore.

The Priest now takes the chalice in his hands, and says over the wine, which is to be changed into Our Lord's Precious Blood: "This is My Blood." The wine is no longer in the chalice, but the Blood of Our Lord is there instead. Raise your eyes to the chalice, in which is the Precious Blood of Jesus, then bow down and adore.

Memento for the Dead.

Meménto etiam, Dómine, famulórum famularúmque tuárum N. et N., qui nos præcessérunt cum signo fidei, et dórmiunt in somno pacis (*Priest mentions names of dead.*), Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigerií lucis et pacis, ut indúlgeas, deprecámur: Per eúmdem Christum Dóminum nostrum. Amen.

Be mindful, O Lord, of Thy servants, N. and N., who have gone before us with the sign of faith, and who sleep the sleep of peace (*Priest mentions names of dead.*). To these, O Lord, and to all who rest in Christ, grant we beseech Thee, a place of refreshment, light, and peace. Through the same Christ Our Lord. Amen.

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Remembrance of Sinners.

Nobis quoque peccatóribus fámulis tuis, de multítudine miseratiónum tuárum sperántibus partem áliquam, et societátem donáre dignéris, cum tuis sanctis Apóstolis et Martíribus: cum Joánne, Stéphano, Matthía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Agatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus Sanctis tuis: intra quorum nos consórtium, non æstimátor mériti, sed véniaë, quæsumus, largítor admítte. Per Christum Dóminum nostrum. Amen.

To us sinners, also, Thy servants, who put our trust in the multitude of Thy mercies, vouchsafe to grant some part and fellowship with Thy holy Apostles and Martyrs and all Thy Saints, into whose company we beseech Thee to admit us, not by weighing our merits, but by freely pardoning our offences, through Christ Our Lord. By whom, O Lord, Thou dost always create, sanctify, vivify, bless, and grant us all these good things. Through Him, and with Him, and in Him, is to Thee, God the Father Almighty, in the unity of the Holy Ghost, all honour and glory, for ever and ever. Amen.

Pater Noster.

P: Orémus.

Præcéptis salutáribus móniti, et divína institutióne formáti, audémus dícere:

Pater noster, qui es in cælis: sanctificétur nomen tuum: advéniat regnum tuum: fiat volúntas tua, sicut in cælo, et in terra. Panem nostrum quoditiánum da nobis hódie: et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatiónem.

S: Sed líbera nos a malo.

P: Amen.

He prays silently:

Líbera nos, quæsumus, Dómine, ab ómnibus malis, prætéritis præsentibus, et futúris: et intercedénte beáta, et gloriósa semper Vírgine Dei Genitrice María cum beátis Apóstolis tuis Petro et Paulo, atque Andréa, et ómnibus Sanctis, da propítius

P: Let us pray.

Admonished by saving precepts, and instructed by the Divine command, we make bold to say:

Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation.

S: But deliver us from evil.

P: Amen.

Deliver us, we beseech Thee, O Lord, from all evils, past, present, and to come; and by the intercession of the Blessed and glorious ever Virgin Mary, Mother of God, and of the holy Apostles, Peter and Paul, and of

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pacem in diébus nostris: ut ope miseri-
córdiæ tuæ adjúti, et a peccáto simus
semper líberi, et ab omni perturbatióne
secúri.

Andrew, and of all the Saints, mercifully
grant peace in our days, that through the
assistance of Thy mercy we may be
always free from sin, and secure from
all disturbance.

When the Priest Divides the Host.

He places the Host on the Paten, genuflects, rises, breaks the Host, saying:

Per eúndem Dóminum nostrum Jesum
Christum Fílium tuum

Through the same Jesus Christ, Thy
Son, our Lord.

From one of the parts he detatches a particle, and, holding it over the Chalice, he finishes the prayer:

Qui tecum vivit et regnat in unitáte
Spíritus Sancti Deus.

Who with Thee in the unity of the Holy
Ghost liveth and reigneth God,

He lifts up his voice:

P: Per ómnia sácula sæculórum.

P: World without end.

S: Amen.

S: Amen.

P: Pax ✠ Domini sit ✠ semper vobis
✠cum.

P: May the peace of the Lord be ✠
always with ✠ you.

S: Et cum spiritu tuo.

S: And with thy spirit.

He drops the particle into the Chalice:

Hæc commíxtio, et consecrátio Córporis
et Sánguinis Dómini nostri Jesu Christi,
fiat accipiéntibus nobis in vitam ætérnam.
Amen.

May this mingling and Consecration of
the Body and Blood of Our Lord Jesus
Christ avail us, who receive it, unto life
everlasting. Amen.

He genuflects and covers the Chalice.

The Agnus Dei.

The Priest strikes his breast three times, saying:

Agnus Dei, qui tollis peccáta mundi,
miserére nobis.

Lamb of God, who takest away the sins
of the world, have mercy on us.

Agnus Dei, qui tollis peccáta mundi:
miserére nobis.

Lamb of God, who takest away the sins
of the world, have mercy on us.

Agnus Dei, qui tollis peccáta mundi: dona
nobis pacem.

Lamb of God, who takest away the sins
of the world, grant us peace.

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COMMUNION.

The Priest bows down before the altar, and says silently three prayers which remind us that Holy Communion is to produce in our souls peace, holiness and grace.

Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respicias peccáta mea, sed fidem Ecclésiæ tuæ: eámque secúndum voluntátem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus per ómnia sæcula sæculórum. Amen.

Dómine Jesu Christe, Fíli Dei vivi, qui ex voluntáte Patris, cooperánte Spírítu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sánguinem tuum ab ómnibus iniquitatibus meis, et univérsis malis: et fac me tuis semper inhærére mandátis, et a te numquam separári permíttas: Qui cum eódem Deo Patre, et Spírítu Sancto vivis et regnas Deus in sæcula sæculórum. Amen.

Percéptio, Córporis tui, Dómine Jesu Christe, quod ego indígnus sumere præsumo, non mihi provéniat in iudícium et condemnatióem: sed pro tua pietáte, prosit mihi ad tutaméntum mentis et córporis, et ad medélam percipiédam. Qui vivis et regnas cum Deo Patre in unitáte Spírítus Sancti Deus, per ómnia sæcula sæculórum. Amen.

He genuflects, rises, and says:

Panem cæléstem accípiam, et nomen Dómini invocábo.

O Lord Jesus Christ, who saidst to Thine Apostles: Peace I leave you, My peace I give you: regard not my sins, but the faith of Thy Church; and vouchsafe to grant her that peace and unity which is agreeable to Thy will: Who livest and reignest God, world without end. Amen.

O Lord Jesus Christ, Son of the living God, Who by the will of the Father and co-operation of the Holy Ghost gavest life to the world through Thy death; deliver me by this, Thy sacred Body and Blood, from all my iniquities and from every evil, and make me adhere always to Thy commandments, and never suffer me to be separated from Thee, Who with the same God the Father and the holy Ghost livest and reignest God, world without end. Amen.

Let not the receiving of thy Body, O Lord Jesus Christ, which I, unworthy, presume to receive, turn to my judgement and condemnation; but may it be to me, through Thy loving kindness, a safeguard for soul and body, who livest and reignest with God the Father, in the unity of the Holy Ghost, God, world without end. Amen.

I will take the bread of heaven and I will call upon the name of the Lord.

Domine, Non Sum Dignus.

Then, bowing down slightly, he takes the Host in his left hand, and striking his breast with his right, he says three times the Dómine, non sum dignus:

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Dómine, non sum dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea. Lord, I am not worthy that Thou shouldst enter under my roof; say but the word, and my soul shall be healed.

(Persons intending to communicate now approach the altar.)

He takes the Host in his right hand, makes the Sign of the Cross with It on himself, and says:

Corpus Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen. May the Body of our Lord Jesus Christ guard my soul into life everlasting. Amen.

He reverently consumes the Host and remains for a moment in contemplation. Then he uncovers the Chalice, genuflects, saying in the meantime:

Quid retríbuiam Dómino pro ómnibus quæ retríbuit mihi? Cálicem salutáris accípíam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inimícis meis salvus ero. What shall I render unto the Lord for all the things He hath rendered unto me? I will take the chalice of salvation, and I will call on the name of the Lord. Praising will I call upon the lord, and I shall be saved from mine enemies.

He takes the Chalice in his right hand, and makes the Sign of the Cross, saying:

Sanguis Dómini nostri Jesu Christi custódiat ánimam meam in vitam ætérnam. Amen. The Blood of our Lord Jesus Christ guard my soul into life everlasting. Amen.

He drinks the Chalice.

If there are any to receive Communion, he communicates them. Then he says while the server pours wine into the Chalice:

Quod ore sumpserimus, Dómine, pura mente capiámus: et de múnere temporáli fiat nobis remédium sempitérnum. May we receive, O Lord, with a pure mind what we have taken with our lips, that of a temporal gift it may become unto us an eternal remedy.

He drinks the wine, and while the server pours wine and water over his fingers into the Chalice, he says:

Corpus tuum, Dómine, quod sumpsi, et Sanguis, quem potávi, adhæreat viscéribus meis: et præsta; ut in me non remáneat scélerum mácula, quem pura et sancta refecérunt sacraménta: Qui vivis et regnas in sæcula sæculórum. Amen. May Thy Body, O Lord, which I have received, and Thy Blood, which I have drunk, cleave to mine inmost parts, and grant that no stain of sin may remain in me, whom Thy pure and holy Sacraments have refreshed, Who livest and reignest, world without end. Amen.

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Closing Prayers.

The Priest now goes to the Missal, which has been returned to the right-hand side of the altar, and reads the Communion Hymn, which changes with the season.

One thing I have asked of the Lord, this will I seek after: that I may dwell in the house of the Lord all the days of my life.

O taste and see that the Lord is sweet: blessed is the man that hopeth in Him.

He comes to the middle of the altar, salutes the people, saying:

P: Dóminus vobíscum.

P: The Lord be with you.

S: Et cum spírítu tuo.

S: And with thy spirit.

P: Ite, Missa est.

P: Go, the Mass is ended.

S: Deo grátias.

S: Thanks be to God.

Then, he turns to the altar, bows down and prays silently:

Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta: ut sacrificium, quod óculis tuæ majestátis indignus óbtuli, tibi sit acceptábile, mihíque et ómnibus, pro quibus illud óbtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

May the homage of my service be pleasing unto Thee, O Holy Trinity, and grant that the Sacrifice which I, unworthy, have offered up in the sight of Thy Majesty may be acceptable unto Thee, and through Thy mercy servicable unto me, and unto all those for whom I have offered it, through Christ Our Lord. Amen.

Then he kisses the altar. He lifts up his eyes and hands to heaven and blesses the people:

P: Benedícat vos omnípotens Deus, Pater, et Fílius, ✠ et Spírítus Sanctus.

P: May the Lord Almighty, Father and Son ✠ and the Holy Ghost, bless you.

S: Amen.

S: Amen.

He goes to the Gospel corner and reads the Gospel according to St. John, or another Gospel if it is so ordered.

P: Dóminus vobíscum.

P: The Lord be with you.

S: Et cum spírítu tuo.

S: And with thy spirit.

P: Inítium ✠ sancti Evangéllii secúndum Joánnem.

P: The beginning of the holy Gospel according to John.

S: Gloria tibi, Domine.

S: Glory be to Thee, O Lord.

In princípío erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. Hoc erat in princípío apud Deum.

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God.

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Omnia per ipsum facta sunt: et sine ipso factum est nihil quod factum est: in ipso vita erat, et vita erat lux hóminem: et lux in ténebris lucet, et ténebræ eam non comprehendérunt. Fuit homo missus a Deo, cui nomen erat Joánnes. Hic venit in testimónium, ut testimónium perhiberet de lúmine, ut omnes créderent per illum. Non erat ille lux, sed ut testimónium perhiberet de lúmine. Erat lux vera quæ illúminat omnem hóminem veniéntem in hunc mundum. In mundo erat, et mundus per ipsum factus est et mundus eum non cognóvit. In própria venit, et sui eum non recepérunt. Quotquot autem recepérunt eum, dedit eis potestátem filios Dei fieri, his, qui credunt in nómine ejus: qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt. *(Here all kneel)* **ET VERBUM CARO FACTUM EST**, et habitávit in nobis: et vídimus glóriam eius, gloriam quasi Unigéniti a Patre, plenum grátia et veritátis.

S. Deo gratias.

All things were made by Him, and without Him was made nothing that was made: in Him was life, and the life was the Light of men; and the Light shineth in darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to testify concerning the Light, that all might believe through Him. He was not the Light, be he was to testify concerning the Light. That was the true Light, which enlighteneth every man that cometh into this world. He was in the world, and the world was made by Him, and the world knew Him not. He came unto His own, and His own received Him not. But as many as received Him to them He gave power to become sons of God, to them that believe in His Name, who are born not of blood, nor of the will of the flesh, nor of the will of man, but of God. *(Here all kneel)* **AND THE WORD WAS MADE FLESH**, and dwelt among us: and we saw His glory, the glory as of the Only begotten of the Father, full of grace and truth.

S. Thanks be to God.

Prayers.

(Ordered by Our Holy Father, Pope Leo XIII., to be said, kneeling after Low Mass.)

Indulgence of 300 days to those who recite them devoutly

Hail Mary, etc. *To be said thrice by the Priest.*

Holy Mary, etc. *By the people.*

By Priest and people together, in a loud voice, the Hail, Holy Queen, should be said:

Salve Regina, Mater misericórdia, vita, dulcédo, et spes nostra, salve.

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope.

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Ad te clamámus, éxsules filii Evæ.
Ad te suspirámus geméntes flentes in hac
lacrymárum valle.
Eia ergo, Advocáta nostra, illos tuos
misericórdes óculos ad nos convérte.
Et Jesum, benedíctum fructum ventris tui,
nobis, post hoc exílium, osténde.
O clemens, o pia, o dulcis Vírgo María.

V. Ora pro nobis, sancta Dei Génatrix.

R. Ut digni efficiámur promissionibus
Christi.

Orémus, Deus, refúgium nostrum et virtus,
pópulum ad te clamántem propítius
réspice; et intercedénte gloriósa et
immaculáta Vírgine Dei Genetríce María,
cum beáto Joseph, ejus Sponso, ac beátis
Apóstolis tuis Petro et Paulo, et ómnibus
Sanctis, quas pro conversióne peccatórum,
pro libertáte et exaltatióne sanctæ Matris
Ecclésia, preces effúndimus, miséricors et
benígnus exáudi. Per eúmdem Christum
Dóminum nostrum. **R.** Amen.

Sancte Míchael Archángele, defénde nos
in prælio, contra nequítiam et insídias
diáboli esto præsidium. Imperet illi Deus,
súplices deprecámur: tuque, Princeps
milítiae cæléstis, Sátanam aliósque spíritus
málignos, qui ad perditionem animárum
pervagántur in mundo, divína virtúte, in
inférnum detrúde. **R.** Amen.

V. Cor Jesu sacratíssimum,

R. Miserére nobis.

(Indulgence—7 years and 7 quarantines. —Pius X.)

To thee do we cry, poor banished
children of Eve.

To thee do we send up our sighs,
mourning and weeping in this valley of
tears.

Turn then, most gracious Advocate,
thine eyes of mercy towards us.

And after this our exile, show unto us
the blessed Fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin
Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the
promises of Christ.

Let us pray, O God, our refuge and our
strength, look down in mercy on Thy
people who cry to Thee; and by the
intercession of the glorious and
immaculate Virgin Mary, Mother of
God, of St. Joseph her Spouse, of Thy
blessed Apostles Peter and Paul, and of
all the Saints, in mercy and goodness
hear our prayers for the conversion of
sinners, and for the liberty and
exaltation of our holy Mother and
Church. Through the same Christ our
Lord. **R.** Amen.

Holy Michael Archangel, defend us in
the day of battle; be our safeguard
against the wickedness and snares of the
devil.—May God rebuke him, we
humbly pray: and do thou, Prince of the
heavenly host, by the power of God
thrust down to hell Satan and all wicked
spirits, who wander through the world
for the ruin of souls. **R.** Amen.

V. Most Sacred Heart of Jesus.

R. Have mercy upon us.



SERVING AT MASS.

"Boys who serve at the altar should be distinguished by good character and modest manner. They should be taught to answer clearly, distinctly, and accurately, and to go through the ceremonies with all gravity and decorum." Decrees of 4th Plenary Council, of Australia and New Zealand, No. 133.

The Celebrant: In nómine Patris, et Fílii, et Spíritus Sancti. Amen. Introíbo ad altáre Dei.

The Server: **Ad Deum qui lætíficat juventútem meam.**

C: Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo, et dolóso érué me.

S: **Quia tu es Deus fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?**

C: Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum et in tabernácula tua.

S: **Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.**

C: Confitébor tibi in cíthara, Deus, Deus meus: quare tristis es ánima mea, et quare contúrbas me?

S: **Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.**

C: Glória Patri, et Fílio et Spíritui Sancto.

S: **Sicut erat in princípío, et nunc, et semper: et in sæcula sæculórum. Amen.**

C: Introíbo ad altáre Dei.

S: **Ad Deum qui lætíficat juventútem meam.**

C: Adjutórium nostrum in nómine Dómini.

S: **Qui fecit cælum et terram.**

C: Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, etc.

S: **Misereátur tui omnípotens Deus, et dimíssis peccátis tuis, perdúcat te ad vitam ætérrnam.**

C: Amen.

S: **Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michéli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi Pater: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Maríam semper Vírginem, beátum Michéelum Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, ómnes Sanctos, et te Pater, oráre pro me ad Dóminum Deum nostrum.**

C: Misereátur vestri omnípotens Deus, et dimíssis peccátis vestris, perdúcat vos ad vitam ætérrnam.

S: **Amen.**

SERVING AT MASS

C: Indulgéntiam, absolutiónem, et remissionem peccatórum nostrórum, tríbuat nobis omnipotens et miséricors Dóminus.

S: **Amen.**

C. Deus, tu convérsus vivificábis nos.

S. **Et plebs tua lætábitur in te.**

C. Osténde nobis Dómine, misericórdiam tuam.

S. **Et salutáre tuum da nobis.**

C. Dómine, exáudi oratióem meam.

S. **Et clamor meus ad te véniat.**

C. Dóminus vobíscum.

S. **Et cum spírítu tuo.**

C. Kyrie eléison.

S. **Kyrie eléison.**

C. Kyrie eléison.

S. **Christe eléison.**

C. Christe eléison.

S. **Christe eléison.**

C. Kyrie eléison.

S. **Kyrie eléison.**

C. Kyrie eléison.

C. Dóminus vobíscum or Pax vobíscum (for a Bishop)

S. **Et cum spírítu tuo.**

To Flectámus genua, which occurs occasionally, he answers: Leváte.

At the end of the prayers he says: Amen.

At the end of the Epistle: Deo gratias.

At the beginning of the Gospel he answers: Et cum spiritu tuo. He then makes the sign of the Cross on his forehead, mouth and breast with the Priest, who says, Sequéntia, etc. The server answers: Glória tibi, Dómine.

At the end of the Gospel the Server answers: Laus tibi, Christe.

C. Dóminus vobíscum.

S. **Et cum spírítu tuo.**

C: Oráte fratres, ut meum ac vestrum sacrificium acceptábile fiat apud Deum Patrem omnipoténtem.

S: **Suscípiat Dóminus sacrificium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitátem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.**

C. Per ómnia sácula sæculórum.

S. **Amen.**

C. Dóminus vobíscum.

S. **Et cum spírítu tuo.**

SERVING AT MASS

C. Sursum corda.

S. **Habemus ad Dóminum.**

C. Grátias agámus Dómino Deo nostro.

S. **Dignum et justum est.**

At the Sanctus, ring the bell thrice.

When the Priest spreads his hand over the Chalice, ring the bell once.

At the Elevation, ring the bell at each genuflection, and at the elevation of the sacred Host and Chalice.

C. Per omnia sácula sáculórum.

S. **Amen.**

C. Et ne nos inducas in tentatiónem.

S. **Sed libera nos a malo.**

C. Per ómnia sácula sáculórum.

S. **Amen.**

C. Pax Dómini sit semper vobíscum.

S. **Et cum spíritu tuo.**

C. Dóminus vobíscum.

S. **Et cum spíritu tuo.**

C. Per ómnia sácula sáculórum.

S. **Amen.**

C. *Ite, Missa est, or Benedicámus Dómino.*

S. **Deo grátias.**

C. *Requiescant in pace.*

S. **Amen.**

*N.B.--During Easter Week the priest adds two Allelúias to the **Ite Missa est.** The Server answers:*

Deo grátias. Allelúia, Allelúia.

*At the Priest's blessing he responds: **Amen.***

*Before the blessing a Bishop says: **Sit nomen Dómini benedictum.** The server answers: **Ex hoc nunc et usque in sáculum.** The Bishop adds: **Adjutórium nostrum in nómine Dómine.** The Server responds: **Qui fecit cælum et terram.***

*Bishop. **Benedícat vos, etc***

*Server.: **Amen.***

C: Dóminus vobíscum

S: **Et cum spíritu tuo.**

S: *Sequéntia (as at first Gospel).*

S: **Glória tibi Dómine.**

After the last Gospel the Server answers:

S.: **Deo grátias.**



BENEDICTION

When the Priest opens the Tabernacle and incenses the Blessed Sacrament, the following hymn is sung:

O Salutaris¹

O salutaris hostia,
Quæ cœli pandis ostium;
Bella premunt hostilia,
Da robur, fer auxilium.

O saving Victim, open wide
The gate of heaven to man below!
Our foes press on from every side;
Thine aid supply, Thy strength
bestow.

Uni trinoque Dómino
Sit sempiterna glória.
Qui vitam sine termino
Nobis donet in patria.

To Thy great Name be endless praise,
Immortal Godhead one in three!
O, grant us endless length of days,
In our true native land with Thee.

Amen.

Amen.

Then the following Hymn is sung, all present bowing at the words Veneremur Cernui:

Tantum ergo Sacramentum
Veneremur cernui: (*All bow*)
Et antiquum documentum
Novo cedat ritui:
Præstet fides supplementum
Sensuum defectui.

Down in adoration falling,
Lo! the sacred Host we hail,
Lo! oe'r ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.

Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

To the everlasting Father,
And the Son Who reigns on high
With the Holy Ghost proceeding
Forth from each eternally,
Be salvation, honour blessing,
Might and endless majesty. Amen.

V. Panem de cœlo præstitisti eis. (Alleluia)
R. Omne delectamentum in se habentem.
(Alleluia.)

V. Thou hast given them bread from
heaven. (Alleluia.)
R. Having in itself all sweetness.
(Alleluia)

Let us Pray.

Deus, qui nobis sub sacramento mirabili,
passiónis tuæ memoriam reliquisti: tribue,
quæsumus, ita nos corporis et sanguinis
tui sacra mysteria venerari, ut redemp-
tionis tuæ fructum in nobis iugiter
sentiamus. Qui vivis etc. Amen.

O God, who in this wonderful Sacra-
ment hast left us a memorial of Thy
Passion; grant us, we beseech Thee, so
to reverence the sacred mysteries of Thy
Body and Blood, that we may contin-
ually find in our souls the fruit of Thy
Redemption. Who livest etc. Amen.

¹ Indulgence of 5 years each time.— Plenary, once a month under the usual conditions, if recited daily.

BENEDICTION

Here, bowing down in fervent adoration, receive the Benediction of the Most Holy Sacrament. Then is usually sung:

Adorémus in ætérnum sanctíssimum Sacraméntum.	Let us adore for ever the Most Holy Sacrament,
Laudáte Dóminum omnes gentes: laudáte eum omnes pópuli.	O praise the Lord, all ye nations: praise Him all ye people.
Quóniam confirmata est super nos misericórdia ejus: et veritas Dómini manet in ætérnum.	For His mercy is confirmed upon us; and the truth of the Lord remaineth for ever.
Adorémus...	Glory be to the Father, etc
Glória Patri, etc.	



THE DIVINE PRAISES

Blessed be God.	Benedictus Deus.
Blessed be His Holy Name.	Benedictum Nomen Sanctum eius.
Blessed be Jesus Christ, true God and true man.	Benedictus Iesus Christus, verus Deus et verus homo.
Blessed be the Name of Jesus.	Benedictum Nomen Jesu.
Blessed be His Most Sacred Heart.	Benedictum Cor ejus sacratissimum.
Blessed be Jesus in the Most Holy Sacrament of the Altar.	Benedictus Iesus in sanctissimo altaris Sacramento.
Blessed be the great Mother of God, Mary most holy.	Benedicta excelsa Mater Dei, Maria sanctissima
Blessed be her holy and Immaculate Conception.	Benedicta sancta ejus et immaculata Conceptio.
Blessed be the name of Mary, Virgin and Mother.	Benedictum nomen Mariae, Virginis et Matris.
Blessed be Saint Joseph, her most chaste spouse.	Benedictus sanctus Joseph, ejus castissimus Sponsus.
Blessed be God in His angels and in His Saints.	Benedictus Deus in Angelis suis, et in Sanctis suis. Amen.



ACT OF REPARATION

A Reparation of Honour to the Sacred Heart, to be made on the Feast itself, the First Friday of the month, or at any other time in the presence of the Blessed Sacrament.

ACT OF REPARATION TO THE SACRED HEART

O sweet Jesus, whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Thine altar eager to repair by a special act of homage the cruel indifference and injuries to which Thy loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Thy law.

We are now resolved to expiate each and every deplorable outrage committed against Thee; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behaviour, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of Sundays and holidays, and the shocking blasphemies uttered against Thee and Thy Saints.

We wish also to make amends for the insults to which Thy Vicar on earth and Thy Priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Thy divine love; and lastly for the public crimes of nations who resist the rights and the teaching authority of the Church which Thou hast founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood! We now offer, in reparation for these violations of Thy divine honour, the satisfaction Thou didst once make to Thy eternal Father on the Cross and which Thou dost continue to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past.

Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity.

We promise to the best of our power to prevent others from offending Thee and to bring as many as possible to follow Thee

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to Thee, so that we may all one day come to that happy home, where Thou with the Father and the Holy Ghost livest and reignest God, world without end. Amen.

ACT OF CONSECRATION OF THE HUMAN RACE
TO THE SACRED HEART OF JESUS

(Indulgence of 300 days.)

Most sweet Jesus, Redeemer of the human race, look down upon us, humbly prostrate before Thy altar.² We are Thine and Thine we wish to be; but, to be more surely united with Thee, behold each one of us freely consecrates himself today to Thy Most Sacred Heart. Many indeed have never known Thee; many, too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart.

Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Be thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them all into the light and kingdom of God. Turn Thine eyes of mercy toward the children of that race once Thy chosen people. Of old they called down upon themselves the Blood of the Saviour; may It now descend upon them a laver of redemption and of life.

Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and honour forever. R. Amen.

Jesu dulcissime, Redemptor humani generis, respice nos ad altare tuum humillime provolutos. Tui sumus, tui esse volumus; quo autem tibi coniuncti firmiter esse possimus, en hodie sacratissimo Cordi tuo se quisque nostrum sponte dedicat. Te quidem multi noverere nunquam; te, sprete mandatis tuis, multi repudiarunt. Miserere utrorumque, benignissime Jesu, atque ad sanctum Cor tuum rape universos.

Rex esto, Domine, nec fidelium tantum qui nullo tempore discessere a te, sed etiam prodignorum filiorum qui te reliquerunt: fac hos, ut domum paternam cito repetant, ne miseria et fame pereant. Rex esto eorum, quos aut opinionum error deceptos habet, aut discordia separatos, eosque ad portum veritatis atque ad unitatem fidei revoca, ut brevi fiat unum ovile et unus pastor.

Rex esto eorum omnium, qui in tenebris idolatriæ aut islamismi adhuc versantur, eosque in lumen regnumque tuum vindicare ne renuas. Respice denique misericordiæ oculis illius gentis filios, quæ tamdiu populus electus fuit: et Sanguis, qui olim super eos invocatus est, nunc in illos quoque redemptionis vitæque lavacrum descendat.

Largire, Dómine, Ecclesiæ tuæ securam cum incolumitate libertatem; largire cunctis gentibus tranquillitatem ordinis; perfice, ut ab utroque terræ vertice una resonet vox: Sit laus divino Cordi, per quod nobis parta salus: ipsi gloria et honor in sæcula. R. Amen.

² Outside the church or chapel is said...before Thy Face, instead of...before Thine Altar.

LITANY OF THE SACRED HEART

Lord, have mercy on us.

CHRIST, HAVE MERCY ON US.

Lord, have mercy on us.

Christ, hear us

CHRIST, GRACIOUSLY HEAR US.

The response to each of the following ejaculations is: HAVE MERCY ON US.

God, the Father of Heaven,

God, the Son, Redeemer of the world,

God, the Holy Ghost,

Holy Trinity, one God,

Heart of Jesus, Son of the eternal Father,

Heart of Jesus, formed by the Holy Ghost in the womb of the Virgin Mother,

Heart of Jesus, substantially united to the word of God.

Heart of Jesus, infinite Majesty.

Heart of Jesus, Sacred Temple of God,

Heart of Jesus, tabernacle of the Most High,

Heart of Jesus, House of God and Gate of Heaven,

Heart of Jesus, burning furnace of charity,

Heart of Jesus, abode of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise,

Heart of Jesus, king and centre of all hearts,

Heart of Jesus, in whom are all the treasures of wisdom and knowledge,

Heart of Jesus, in whom dwells the fullness of divinity,

Heart of Jesus, in whom the Father was well pleased,

Heart of Jesus, of whose fullness we have all received,

Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and most merciful,

Heart of Jesus, enriching all who invoke Thee,

Heart of Jesus, fountain of life and holiness,

The response to each of the following ejaculations is: HAVE MERCY ON US.

Heart of Jesus, propitiation for our sins,

Heart of Jesus, loaded down with opprobrium,

Heart of Jesus, bruised for our offences,

Heart of Jesus, obedient unto death,

Heart of Jesus, pierced with a lance,

Heart of Jesus, source of all consolation,

LITANY OF THE SACRED HEART

The response to each of the following ejaculations is: HAVE MERCY ON US.

Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim for sin,
Heart of Jesus, salvation of those who trust in Thee,
Heart of Jesus, hope of those who die in Thee,
Heart of Jesus, delight of all the saints,

Lamb of God, who takest away the sins of the world:

SPARE US, O LORD.

Lamb of God, who takest away the sins of the world:

GRACIOUSLY HEAR US, O LORD.

Lamb of God, who takest away the sins of the world:

HAVE MERCY ON US.

℣. Jesus meek and humble of heart.

℟. Make our hearts like unto Thine.

Let us Pray.

O Almighty and eternal God, look on the Heart of Thy most beloved Son and on the praise and satisfaction it renders Thee in the name of sinners, and being appeased, grant pardon to those that implore Thy mercy in the Name of the same Jesus Christ Thy Son, Who liveth and reigneth with Thee, world without end. Amen.

LITANY OF THE MOST HOLY NAME OF JESUS

Lord, have mercy on us.

CHRIST, HAVE MERCY ON US.

Lord, have mercy on us.

Jesus, hear us.

JESUS, GRACIOUSLY HEAR US.

The response to each of the following ejaculations is: HAVE MERCY ON US.

God the Father of heaven,	Jesus, God of peace,
God the Son, Redeemer of the world,	Jesus, author of life,
God the Holy Ghost,	Jesus, model of virtues,
Holy Trinity, one God,	Jesus, zealous lover of souls,
Jesus, Son of the living God,	Jesus, our God,
Jesus, splendour of the Father,	Jesus, our refuge,
Jesus, brightness of eternal light,	Jesus, father of the poor,
Jesus, king of glory,	Jesus, treasure of the faithful,
Jesus, sun of justice,	Jesus, good shepherd,
Jesus, Son of the Virgin Mary,	Jesus, true light,
Jesus, most amiable,	Jesus, eternal wisdom,
Jesus, most admirable,	Jesus, infinite goodness,
Jesus, mighty God,	Jesus, our way and our life,
Jesus, father of the world to come,	Jesus, joy of the angels,
Jesus, angel of great counsel,	Jesus, king of patriarchs,
Jesus, most powerful,	Jesus, master of the apostles,
Jesus, most patient,	Jesus, teacher of the evangelists,
Jesus, most obedient,	Jesus, strength of martyrs,
Jesus, meek and humble of heart,	Jesus, light of confessors,
Jesus, lover of chastity,	Jesus, purity of virgins,
Jesus, lover of us,	Jesus, crown of all saints,

Be merciful unto us: SPARE US, O JESUS,

Be merciful unto us: GRACIOUSLY HEAR US, O JESUS.

The response to each of the following ejaculations is: DELIVER US, O JESUS.

From all evil,	From the neglect of Thine inspirations,
From all sin,	Through the mystery of Thy holy
From Thy wrath	incarnation,
From the snares of the devil,	Through Thy Nativity,
From the spirit of fornication,	Through Thy infancy,
From everlasting death,	Through Thy most divine life,

LITANY OF THE MOST HOLY NAME

The response to each of the following ejaculations is: DELIVER US, O JESUS.

Through Thy labours,	Through Thine Ascension,
Through thine agony and Passion,	Through thine institution of the Most
Through Thy Cross and dereliction,	Holy Eucharist,
Through Thy sufferings,	Through Thy joys,
Through Thy death and burial,	Through Thy glory,
Through Thy Resurrection,	

Lamb of God, who takest away the sins of the world:

SPARE US, O JESUS.

Lamb of God, who takest away the sins of the world:

GRACIOUSLY HEAR US, O JESUS.

Lamb of God, who takest away the sins of the world:

HAVE MERCY ON US, O JESUS.

Jesus, hear us. JESUS, GRACIOUSLY HEAR US.

Let us Pray.

O Lord Jesus Christ, Who hast said: "Ask and you shall receive, seek, and you shall find, knock, and it shall be opened unto you," mercifully attend to our supplications, and grant us the gift of Thy divine Charity, that we may ever love Thee with our whole heart, and never cease to praise Thee. Make us, O Lord, to have a perpetual fear and love of Thy Holy Name, for Thou never failest to govern those whom Thou dost solidly establish in Thy love. Who livest and reignest, world without end. Amen.



LITANY OF THE BLESSED VIRGIN.

Commonly called the Litany of Loreto.

(Indulgence of 300 days to those who say it devoutly. Plenary on the usual conditions, on the Feasts of the Immaculate Conception, the Nativity, the annunciation, Purification, and Assumption of the B.V.M., to those who recite it daily.)

We fly to thy patronage, O holy Mother of God; despise not our prayers in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin.

Lord, have mercy on us.

CHRIST, HAVE MERCY ON US.

Lord, have mercy on us.

Christ, hear us.

LITANY OF THE BLESSED VIRGIN

CHRIST, GRACIOUSLY HEAR US.

God the Father of Heaven.

HAVE MERCY ON US.

God the Son, Redeemer of the World.

HAVE MERCY ON US.

God the Holy Ghost.

HAVE MERCY ON US.

Holy Trinity, one God.

HAVE MERCY ON US.

The response to each of the following ejaculations is: PRAY FOR US.

Holy Mary,	Vessel of Honour,
Holy Mother of God,	Singular vessel of devotion,
Holy Virgin of virgins,	Mystical Rose,
Mother of Christ,	Tower of David,
Mother of Divine Grace,	Tower of Ivory,
Mother most pure,	House of Gold,
Mother most chaste.	Ark of the Covenant,
Mother inviolate,	Gate of Heaven,
Mother undefiled,	Morning Star,
Mother most amiable,	Health of the Sick,
Mother most admirable,	Refuge for Sinners,
Mother of Good Counsel,	Comforter of the afflicted,
Mother of Our Creator,	Help of Christians,
Mother of our Saviour,	Queen of Angels,
Virgin most prudent,	Queen of Patriarchs,
Virgin most venerable,	Queen of Prophets,
Virgin most renowned,	Queen of Apostles,
Virgin most powerful,	Queen of Martyrs,
Virgin most merciful,	Queen of Confessors,
Virgin most faithful,	Queen of Virgins,
Mirror of Justice,	Queen of all Saints,
Seat of Wisdom,	Queen conceived without original sin,
Cause of our Joy,	Queen of the Most Holy Rosary,
Spiritual Vessel,	Queen of Peace,

Lamb of God, who takest away the sins of the world: SPARE US, O LORD.

Lamb of God, who takest away the sins of the world: GRACIOUSLY HEAR US, O LORD.

Lamb of God, who takest away the sins of the world: HAVE MERCY ON US.

THE MOST HOLY ROSARY OF THE BLESSED VIRGIN MARY

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us Pray— Grant, we beseech Thee, O Lord God, that we, Thy servants, may rejoice in continual health of mind and body, through the glorious intercession of Blessed Mary ever Virgin, be freed from present sorrow, and enjoy eternal gladness. Through Christ our Lord. Amen.



THE HOLY ROSARY

The Rosary is a devotion to the Incarnation of Our Lord and to His Blessed Mother. It is composed of fifteen decades, each decade consisting of the Our Father, ten Hail Marys, and the Glory be to the Father, and each being recited in honour of some mystery in the life of Our Lord and of His Blessed Mother. During each decade we should call to mind the mystery which it is intended to honour, and pray that we may learn to practise the virtue specially taught us by that mystery. Many Indulgences can be gained by saying the Rosary devoutly.

THE MYSTERIES OF THE ROSARY

I. THE FIVE JOYFUL MYSTERIES —Mon., Thurs.:

1. The Annunciation (*Humility*).
2. The Visitation (*Charity*).
3. The Birth of Our Saviour Jesus Christ in Bethlehem (*Poverty*).
4. The Presentation of Our Blessed Lord in the Temple (*Obedience*).
5. The Finding of the Child Jesus in the Temple (*Piety*).

II. THE FIVE SORROWFUL MYSTERIES —Tues., Fri.:

1. The Prayer and Bloody Sweat of Our Blessed Saviour in the Garden (*Contrition*).
2. The Scourging of Our Blessed Lord at the Pillar (*Purity*).
3. The Crowning of Our Blessed Saviour with thorns (*Courage*).
4. Jesus Carrying His Cross (*Patience*).
5. The Crucifixion and Death of Our Lord (*Self-denial*).

III. THE FIVE GLORIOUS MYSTERIES —Sun., Wed., Sat.:

1. The Resurrection (*Faith*).
2. The Ascension of Christ into Heaven (*Hope*).
3. The Descent of the Holy Ghost on the Apostles (*Charity*).
4. The Assumption of the Blessed Virgin Mary into Heaven (*Eternal happiness*).
5. The Coronation of the Blessed Virgin Mary in Heaven and the glory of all the Saints (*Devotion to Mary*).

THE MOST HOLY ROSARY OF THE BLESSED VIRGIN MARY

After the Rosary Say

THE SALVE REGINA.

Hail, holy Queen, mother of mercy! Hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray—. Hear, O Merciful God, the prayers of Thy servants that we who meet together to recite the most holy Rosary of the Blessed Virgin, Mother of God, may, by her intercession, be delivered by Thee from the dangers that continually hang over us.

Let us pray—. O God, Whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that as we meditate upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary we may both imitate what contain and obtain what they promise. Through the same Christ our Lord. Amen.



ST BERNARD'S PRAYER TO OUR LADY: THE "MEMORARE"

Remember, O most loving Virgin Mary, that never was it known in any age that anyone who fled to thy protection, implored thy help, or sought thy intercession, was abandoned. Inspired with confidence, therefore I fly to thee, O Virgin of virgins, my Mother, to thee do I come, before thee I stand sinful and sorrowful; do not O Mother of the Word Incarnate, despise my prayers, but graciously hear and grant them Amen.



PRAYER TO ST. JOSEPH

*Ordered by H.H.. Pope Leo XIII, to be said as part of the
Devotions for the month of October.*

To thee, O Blessed Joseph, we have recourse in our affliction, and having implored the help of thy thrice holy spouse, we now with hearts filled with confidence earnestly beg thee also to take us under thy protection. By that charity wherewith thou wast united to the Immaculate Virgin Mother of God, and by that fatherly love with which thou didst cherish the Child Jesus, we beseech thee and we humbly pray that thou wilt look down with gracious eye upon that inheritance which

THE WAY OF THE CROSS

Jesus Christ purchased by His blood, and wilt succor us in our need by thy power and strength. Defend, O most watchful guardian of the Holy Family, the chosen offspring of Jesus Christ. Keep from us, O most loving father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the powers of darkness. And even as of old thou didst rescue the Child Jesus from the peril of His life, so now defend God's Holy Church from the snares of the enemy and all adversity. Shield us ever under thy patronage that, following thine example and strengthened by thy help, we may live a holy life, die a happy death and attain to everlasting bliss in heaven. Amen.



THE WAY OF THE CROSS

To all the faithful who at least with a contrite heart shall perform the Way of the Cross erected according to the prescriptions of the Holy See, is granted;

Plenary indulgence each time they perform this exercise. Another plenary indulgence by those who communicate on the day they perform this exercise; they may communicate within a month, but after reciting ten times the Way of the Cross. Indulgence of 10 years for every station, if they cannot perform the whole exercise, hindered therein by a lawful reason.

O JESUS, my adorable Saviour, behold me here prostrate, imploring Thy mercy for myself, and for the souls of all the faithful departed. Vouchsafe to apply to me the infinite merits of Thy Passion on which I am now about to meditate. Grant that, while I trace this path of sighs and tears, my heart may be so touched with contrition and repentance that I may be ready to embrace with joy all the sufferings and humiliations of this life and pilgrimage.

† I. JESUS IS CONDEMNED TO DEATH.

Leaving the house of Caiphas, where He had been blasphemed, and the house of Herod where He had been mocked, Jesus is dragged before Pilate, His back torn from being whipped, His head crowned with thorns; and He, who on the last day will judge the living and the dead, is Himself condemned to a disgraceful death reserved only for the lowest criminal.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

HYMN: STABAT MATER

At the Cross, her station keeping,
Stood the mournful mother, weeping,
When her son was crucified.

Stabat Mater dolorosa
Juxta crucem lacrymosa,
Dum pendebat Filius.

WAY OF THE CROSS

A Stanza of this hymn is repeated after each meditation ,verse and response of the XIV Stations.

† II. JESUS RECEIVES THE CROSS

A heavy cross is laid upon the bruised shoulders of Jesus. He receives it with meekness, nay, with a secret joy, for it is the instrument with which He is to redeem the world.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Through her heart, His sorrow sharing,
All His bitter anguish bearing,
Now at length the sword has passed.

Cujus animam gementem,
Contristatam et dolentem,
Pertransivit gladius.

† III. JESUS FALLS THE FIRST TIME UNDER THE WEIGHT OF THE CROSS

Labouring under the weight of the cross, Jesus slowly sets forth on the way to Calvary, amidst the mockeries and insults of the crowd. His agony in the garden has exhausted His body; He is sore with blows and wounds; His strength fails Him; He falls to the ground under the cross.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Oh, what sad and sore distressed
Was that Mother highly blessed
Of the sole begotten One!

O quam tristis et afflicta
Fuit illa benedicta
Mater Unigeniti!

† IV. JESUS IS MET BY HIS BLESSED MOTHER

Still burdened with the cross and wounded yet more by His fall, Jesus proceeds on His way. He is met by His mother. What a meeting it must have been! Oh, what a sword of anguish must have pierced that mother's heart!

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Christ above in torment hangs,
She beneath beholds the pangs
Of her dying, glorious Son.

Quae moerebat et dolebat,
Pia Mater dum videbat
Nati poenas inclyti.

WAY OF THE CROSS

† V. THE CROSS IS LAYED UPON SIMON OF CYRENE

As the strength of Jesus fails, and He is unable to proceed, the executioners seize and compel Simon of Cyrene to carry the cross.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Is there one who would not weep
Whelmed in miseries so deep
Christ's dear mother to behold?

Quis est homo, qui non fleret,
Matrem Christi si videret
In tanto supplicio?

† VI. VERONICA WIPES THE FACE OF JESUS

As Jesus proceeds on the way, covered with the sweat of death, a woman-Veronica, moved with compassion, makes her way through the crowd, and wipes His face with a handkerchief. As a reward of her piety the impression of His sacred countenance is miraculously imprinted upon the cloth.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Can the human heart refrain
From partaking in her pain,
In that mother's pain unto'd?

Quis non posset contristari,
Christi Matrem contemplari
Dolentem cum Filio?

† VII. JESUS FALLS THE SECOND TIME

The pain of His wounds and the loss of His blood increasing at every step of His way, again His strength fails Him, and Jesus falls to the ground a second time.

V. We adore Thee, O Christ, and bless Thee.

V. Adorámus te, Christe, et benedícimus tibi.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Bruised, derided, cursed, defiled,
She beheld her tender Child,
All with bloody scourges rent.

Pro peccatis suae gentis
Vidit Jesum in tormentis,
Et flagellis subditum.

WAY OF THE CROSS

† VIII. THE WOMEN OF JERUSALEM MOURN FOR THE LORD

At the sight of the sufferings of Jesus, some holy women in the crowd are so touched with sympathy that they openly bewail and lament Him. Jesus turns to them and says: “Daughters of Jerusalem, weep not for Me, but for yourselves and for your children.” (Lk. 23:28)

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

For the sins of His own nation
Saw Him hang in desolation
Till His spirit forth He sent.

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Vidit suum dulcem Natum
Moriendo desolatum,
Dum emisit spiritum.

† IX. JESUS FALLS THE THIRD TIME UNDER THE CROSS

Jesus has now arrived almost at the summit of Calvary; but before He reaches the spot where He is to be crucified, His strength again fails Him and He falls for the third time, to be again dragged up and goaded onward by the brutal soldiery.

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

Oh, sweet Mother! Fount of love,
Touch my spirit from above,
Make my heart with thine accord.

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Eia Mater, fons amoris,
Me sentire vim doloris
Fac, ut tecum lugeam.

† X. JESUS IS STRIPPED OF HIS GARMENTS

Arrived at last at the place of sacrifice, they prepare to crucify Him. His garments are torn from His bleeding body, and He, the Holy of holies, stands exposed to the vulgar gaze of the rude and scoffing multitude.

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ, my Lord.

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Fac ut ardeat cor meum
In amando Christum Deum,
Ut sibi complaceam.

WAY OF THE CROSS

† XI. JESUS IS NAILED TO THE CROSS

The cross is laid upon the ground, and Jesus is stretched upon His bed of death. At one and the same time, He offers His bruised limbs to His heavenly Father in behalf of sinful man and to His fierce executioners to be nailed to the disgraceful wood. The blows are struck and the blood gushes forth.

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

Holy Mother, pierce me through,
In my heart each wound renew
Of my Saviour crucified.

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Sancta Mater, istud agas,
Crucifixi fige plagas
Cordi meo valide.

† XII. JESUS DIES UPON THE CROSS

For three hours Jesus hangs upon His transfixed hands; His blood runs in streams down His body, and bedews the ground; and in the midst of excruciating sufferings, He has pardoned His murderers, promised the bliss of paradise to Dismas the penitent thief and committed His blessed mother and beloved disciple to each other's care (Mother, behold thy son. Son, behold thy Mother). All is now consumated; and meekly bowing His head, He gives up his spirit.

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

Let me share with thee His pain,
Who for all our sins was slain,
Who for me in torments died.

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

Tui Nati vulnerati,
Tam dignati pro me pati,
Poenas mecum divide.

† XIII. JESUS IS LAID IN THE ARMS OF HIS MOTHER

The multitude have left the heights of Calvary, and none remain save the beloved disciple and the holy women, who, at the foot of the cross, are striving to stem the grief of Christ's inconsolable mother. Later Joseph of Arimathea and Nicodemus take the body of her divine Son from the cross, and deposit it in her arms.

V. We adore Thee, O Christ, and bless Thee.

R. Because by Thy holy Cross Thou hast redeemed the world. Our Father, Hail Mary, Glory be .

V. Adorámus te, Christe, et benedícimus tibi.

R. Quia per sanctam Crucem tuam redemísti mundum. Pater noster, Ave Maria, Gloria Patri.

WAY OF THE CROSS

Let me mingle tears with thee
Mourning Him Who mourned for me.
All the days that I may live.

Fac me tecum pie flere,
Crucifixo condolere,
Donec ego vixero.

† XIV. JESUS IS LAID IN THE SEPULCHRE

The body of her dearly beloved Son is taken from His mother, and laid in the tomb. The tomb is closed, and the lifeless body remains there.

V. We adore Thee, O Christ, and bless
Thee.

V. Adorámus te, Christe, et benedícimus
tibi.

R. Because by Thy holy Cross Thou hast
redeemed the world. Our Father, Hail
Mary, Glory be .

R. Quia per sanctam Crucem tuam
redemísti mundum. Pater noster, Ave
Maria, Gloria Patri.

By the cross with thee to stay,
There with thee to weep and pray,
Is all I ask of thee to give.

Juxta crucem tecum stare,
Et me tibi sociare
In planctu desidero.



PRAYERS FOR CONFESSION Before Confession.

1. *Make this Confession as though it were your last.*

2. *If you go to confession frequently and are satisfied that you have not committed a mortal sin since your last Confession, single out some faults which you will specially strive to overcome. Mention in your Confession some sin of your past life for which you have genuine sorrow.*

3. *If considerable time has elapsed since your last Confession read over the Examination of Conscience.*

4. *Remember that Contrition is a most essential portion of the sacrament. Excite yourself to sorrow for some supernatural motive--the goodness of God Whom you have offended; the Sufferings of Our Blessed Saviour borne for our sins; the enormity of our sins; the loss of Heaven, and the fear of Hell.*

O most merciful God, I most humbly thank Thee for all Thy mercies unto me; and particularly at this time, for Thy forbearance and long suffering with me, notwithstanding my many and grievous sins. It is of Thy great mercy that I have not fallen into greater and more grievous sins than those which I have committed, and that I have not been cut off and cast into hell.

PRAYERS FOR CONFESSION

O my God, although I have been so ungrateful to Thee in times past, yet now I beseech Thee to accept me, returning to Thee with an earnest desire to repent, and to devote myself to Thee, my Lord and my God, and to praise Thy holy Name for ever.

Grant me, I beseech Thee, perfect contrition for my sins, that I may detest them with the deepest sorrow of heart. Send forth Thy light into my soul, and discover to me all those sins which I ought to confess at this time. Assist me by Thy grace, that I may be able to declare them to the priest, fully, humbly, and with a contrite heart, and so obtain perfect remission of them all through Thine infinite goodness. Amen.

O most gracious Virgin Mary, beloved Mother of Jesus Christ my Redeemer, intercede for me with Him. Obtain for me the full remission of my sins and perfect amendment of life, to the salvation of my soul, and the glory of His Name.

O Lord Jesus Christ, lover of souls, who, for the great love wherewith Thou hast loved us, wouldst not the death of a sinner, but rather that he should be converted and live; I grieve from the bottom of my heart that I have offended Thee, my most loving Father and Redeemer, unto Whom all sin is infinitely displeasing; Who hast so loved me that Thou didst shed Thy Blood for me, and endure the bitter torments of a most cruel death. O my God! O Infinite Goodness! would that I had never offended Thee. Pardon me, O Lord Jesus, most humbly imploring Thy mercy. Have pity on me a sinner, for whom Thy Blood pleads before the face of the Father.

Our Father, Hail Mary, Glory be to the father, etc., for the grace of true contrition.

EXAMINATION OF CONSCIENCE.

Seriously and sincerely examine your conduct since your last Confession. You must confess all your mortal sins, not only the different kinds of sins you have committed, but also the number of times you have been guilty of them. If you cannot remember the exact number of times, you should say how often in the day, week, month, or year you were guilty, and how long the habit or practice lasted.

I.

How long since your last Confession?

Did you make a good Confession? If you should have wilfully concealed a mortal sin in your past Confessions, you are bound to make it known.

Did you say your Penance?

Did you go to holy Communion?

II.

Now examine yourself on the Ten Commandments.

1. I am the Lord thy God; thou shalt not have strange gods before Me.

Have you neglected your religion? Have you been careless about your prayers?

EXAMINATION OF CONSCIENCE

Have you denied your religion? Have you joined in non-Catholic religious services? Have you been superstitious? Have you neglected to know about your religion?

Have you despaired of God's mercy? Have you had rebellious thoughts against God and His dealings with you? Have you boasted of your sins? Have you been ashamed to perform your religious duties because of human respect?

2. Thou shalt not take the name of the Lord thy God in vain.

Have you been in the habit of cursing, swearing, and using profane words? Have you broken your promises to God? Have you joined unlawful societies? Have you been disrespectful or irreverent during divine service or in church? Have you taken a false oath, or broken a lawful one?

3. Remember thou keep holy the Sabbath Day.

Have you neglected to hear Mass on Sundays and holidays of Obligation? Have you worked on Sundays or holidays without real necessity?

4. Honour thy father and thy mother.

Are your parents living? Do they depend on you? Do you do your duty by them? Have you been disobedient or disrespectful to them?

Are you married? Have you children of your own? Do you take proper care of them? Do you see that they are instructed in their religion, and that they attend to their religious duties?

Have you been kind and loving to your husband or your wife? Do you bear all your domestic trials and difficulties with patience?

Are you obedient to your lawful superiors? Are you respectful towards them and their orders? Are you careful of the welfare of those under you? Do you seriously try to acquire the knowledge and experience necessary for you to fulfil the duties of your rank? Do you shirk work? Are you wasteful of your employer's time or property? are you just to all those with whom you have dealings?

5. Thou shalt not kill.

Have you taken human life in any way? Have you been foolhardy in exposing your own life or the lives of those under your charge? Have you been careless of your own health, and neglectful of the health of others?

Have you been quarrelling, fighting, or squabbling with your neighbour? Have you cherished revenegful feelings? Have you been insulting in your words or manner? Have you acted in a tyrannical manner with those under you?

Have you tried to lead anyone into sin?

Have you been guilty of gluttony? Have you been drunk? Have you tried to make others drunk? Have you indulged in pernicious drugs?

PRAYER AFTER CONFESSION

6. Thou shalt not commit adultery.

Have you been guilty of immodest acts or indulged in bad thoughts, words, or conversation?

7. Thou shalt not steal.

Have you stolen? What value? Have you done damage to other people's property? Have you cheated? Have you paid back your borrowings and your other lawful debts?

8. Thou shalt not bear false witness against thy neighbour.

Have you told lies? Have you sworn falsely? Have you committed fraud, spoken evil of your neighbour, or published his failings or his crimes? Have you slandered others? Have you been a tale-bearer? Have you neglected to restore your neighbour's good name if you have injured him? Have you made baseless accusations, or given way to groundless suspicions or rash judgements?

9. Thou shalt not covet thy neighbour's wife.

Have you taken pleasure in unclean thoughts or desires?

10. Thou shalt not covet thy neighbour's goods.

Have you wished to injure your neighbour in any unjust way?

III.

Now examine yourself on the Precepts of the Church, which command us—

1. To hear Mass on Sundays and holidays of Obligation.

2. To fast and abstain on the days commanded.

3. To confess our sins at least once a year.

4. To receive *worthily* the Blessed Eucharist at Easter or within the appointed time-- that is, from Ash Wednesday to Trinity Sunday.

5. To contribute to the support of our pastors.

6. To send Catholic children to Catholic schools.

7. To observe the laws of the Church regarding marriage.

AT CONFESSION.

1. Imagine yourself like Mary Magdalen, at the feet of Christ Himself.

2. Begin by saying: *Bless me, Father for I have sinned*

3. Then say: *I confess to almighty God, etc., down to through my most greivous fault.*

[If there are many waiting for Confession, say the Confiteor before entering the Confessional.]

4. Then: *It is—since my last Confession. I accuse myself* of so and so. Be brief and clear. If there is anything you find it hard to tell, ask the priest to help you. Conclude

PRAYER AFTER CONFESSION

with the following words: *For these and all the sins of my past life I ask pardon of God, and absolution of you, reverend Father.* Make a fervent act of contrition while the priest is giving you absolution.

If you cannot remember anything serious since your last confession, mention some sin that you have already confessed. In this state it is necessary only to mention the Commandment or virtue violated.



PRAYER AFTER CONFESSION.

O Almighty and most merciful God, who, according to the multitude of Thy tender mercies, hast been pleased once more to receive me, after so many times going astray from Thee, and to admit me to this sacrament of forgiveness! I give Thee thanks with all the powers of my soul for this and all other mercies, graces, and blessings bestowed on me; and casting myself at Thy sacred feet, I offer myself to be henceforth for ever Thine. Let nothing in life or death ever separate me from Thee. I renounce with my whole soul all the sins of my past life. I renew my promises made in baptism, and from this moment I give myself entirely to Thy love and service. Grant that for the time to come I may hate sin more than death itself, and avoid all such occasions and company as have unhappily brought me to it. This I resolve to do by the aid of Thy divine grace, without which I can do nothing. I beg Thy blessing on these my resolutions, for, O Lord, without Thee I am nothing but misery and sin. Supply also by Thy mercy whatever defects have been in this my confession, and give me grace to be now and always a true penitent; through Jesus Christ Thy Son. Amen.

Help me, I beseech Thee, to avoid [*N. N.*] (here mention your besetting sin) Mary, my Mother, my holy guardian angel, my holy patron, help me to avoid these sins and to keep my good resolutions.

Our Father, Hail Mary, Glory be to the Father, for grace to keep our resolutions not to offend God again.

Fulfil your Penance carefully. If the penance is a prayer to be said only once, it is advisable to do so before leaving the church. If it extends over several days, say the first part before leaving the church.



PRAYERS FOR HOLY COMMUNION

- 1.—Say these Prayers *slowly*, a few words at a time.
- 2.—It is well to stop *after every few words* that they may sink into the heart.
- 3.—Each Prayer may be said *several times*.

Before Holy Communion

Prayer for Help.—O my God, help me to make a good Communion. Mary, my dearest Mother, pray to Jesus for me. My dear Angel Guardian, lead me to the Altar of God.

Act of Faith.—O God, because Thou hast said it, I believe that I shall receive the Sacred Body of Jesus Christ to eat, and His precious Blood to drink. My God, I believe this with all my heart.

Act of Humility.—My God, I confess that I am a poor sinner; I am not worthy to receive the Body and Blood of Jesus on account of my sins, Lord, I am not worthy that Thou shouldst enter under my roof; say but the word, and my soul shall be healed.

Act of Sorrow.—My God, I detest all the sine of my life. I am sorry for them, because they have offended Thee, my God, who art so good. I resolve never to commit sin any more. My good God, pity me, have mercy on me, forgive me. Amen.

Act of Adoration.—O Jesus, great God,' present on the Altar, I bow down before Thee I adore Thee.

Act of Love and Desire.—Sweet Jesus, I love Thee. I desire with all my heart to receive Thee. Most sweet Jesus, come into my poor soul, and give me Thy Flesh to eat and Thy Blood to drink. Give me Thy whole Self, Body, Blood, Soul, and Divinity, that I may live for ever with Thee.

In Receiving Holy Communion

(1) — In going to the Altar-rails, and returning to your place, keep your *hands* joined, your *eyes* cast down, and your *thoughts* on Jesus Christ.

(2) — At the Altar-rails, take the paten and hold it before you under your chin.

(3) — Hold your head straight up and motionless, keep your eyes closed, your mouth well open, and your tongue out, resting on your under lip. Then with great reverence, receive the Sacred Host, saying in your heart, with all the faith of St. Thomas: " My Lord and my God."

Your soul is God's temple. Jesus is now really present in it. Keep away all earthly thoughts and enjoy His Presence.

HOLY COMMUNION



After Holy Communion

Act of Faith.—O Jesus, I believe that I have received Thy Flesh to eat and Thy Blood to drink, because Thou hast said it, and Thy word is true.

Act of Adoration.—O Jesus, my God, my Creator, I adore Thee, because from Thy hands I came and with Thee I am to be happy for ever.

Act of Humility.—O Jesus, I am but dust and ashes, and yet Thou hast come to me, and my poor heart may speak to Thee.

Act of Love.—Sweet Jesus, I love Thee; I love Thee with all my heart. Thou knowest that I love Thee, and wish to love Thee daily more and more.

Act of Thanksgiving.—My good Jesus, I thank Thee with all my heart. How good, how kind Thou art to me, sweet Jesus. Blessed be Jesus in the most holy Sacrament of the Altar.

Act of Offering.—O Jesus, receive my poor offering. Jesus, Thou hast given Thyself to me, and now let me give myself to Thee:

I give Thee my body, that it may be chaste and pure.

I give Thee my soul, that it may be free from sin.

I give Thee my heart, that it may always love Thee.

I give Thee every breath that I shall breathe, and especially my last; I give Thee myself in life and in death, that I may be Thine for ever and ever.

Remember the words of Jesus: "Ask and you shall receive," and

Pray for Yourself.

O Jesus, wash away my sins with Thy Precious Blood.

O Jesus, the struggle against temptation is not yet finished. My Jesus, when temptation comes near me, make me strong against it. In the moment of temptation may I always say, "Jesus, mercy! Mary, help!"

O Jesus, may I lead a good life; may I die a happy death. May I receive Thee before I die. May I say when I am dying, "Jesus, Mary, Joseph, I give you my heart and my soul."

Listen now for a moment to Jesus Christ; perhaps He has something to say to you. There may be some promise you have made and broken, which He wishes you to make again and keep.

HOLY COMMUNION

Answer Jesus in your heart, and tell Him all your troubles. Then

Pray for Others.

O Jesus, have mercy on Thy Holy Church; take care of it.

O Jesus, have pity on poor sinners, and save them from hell.

O Jesus, bless my father, my mother, my brothers and sisters, and all I ought to pray for, as Thy Heart knows how to bless them.

O Jesus, have pity on the poor souls in Purgatory and give them eternal rest.

Sweet Jesus, I am going away for a time, but I trust not without Thee. Thou art with me by Thy grace. I will never leave Thee by mortal sin. I do not fear to do so, though I am so weak, because I have such a hope in Thee. Give me grace to persevere. Amen.

AFTER COMMUNION



INDULGENCED PRAYERS

After Communion.

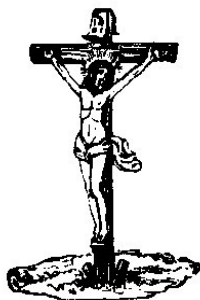
Offering of One's Self.

"SUSCIPE" OF ST. IGNATIUS LOYOLA.

Take O Lord, and receive all my liberty, my memory, my understanding, and my whole will. Thou hast given me all that I am and all that I possess; I surrender it all to Thee that Thou mayest dispose of it according to Thy will. Give me only Thy love and Thy grace; with these I will be rich enough, and will have no more to desire,

Indulgence of 300 days, once a day, is attached to this prayer, and seven years if recited after Holy communion.—Leo XIII., 1883.

Before you leave say this Prayer: "EN EGO"



A Plenary indulgence may be gained by saying this prayer before a figure of Christ crucified.

Behold, O kind and most sweet Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee that Thou wouldst impress upon my heart lively sentiments of faith, hope and charity, with a true contrition for my sins and a firm purpose of amendment; whilst with deep affection and grief of soul I ponder within myself and mentally contemplate Thy five wounds, having before my eyes the words which long ago David the prophet put in Thy mouth concerning Thee: They have pierced My hands and My feet, they have numbered all My bones. (Ps. 21. 17, 18)

En Ego, O bone et dulcissime Jesu, ante conspéctum tuum génibus me provólvo, ac máximo ánimi ardóre te oro atque obtéstor, ut meum in cor vívidos fidei, spei et caritátis sensus, atque veram peccatórum meórum pœniténtiam, éaque emendándi firmíssimam voluntátem velis imprimere; dum magno ánimi afféctu et dolóre tua quinque vúlnera mecum ipse considéro ac mente contéplor, illud præ óculis habens, quod iam in ore ponébat tuo David Prophéta de te, o bone Jesu: Foderunt manus meas et pedes meos: dinumeráverunt ómnia ossa mea. Amen. (Ps. 21. 17, 18)

Say once the Our Father, Hail Mary, and Glory be to the Father for the Pope's intentions.



PRAYERS FOR THE DEAD

An indulgence of 100 days may be gained by reciting at nightfall the following Psalm, etc."

Psalm 129 "DE PROFUNDIS."

De profundis clamávi ad te, Dómine: Out of the depths have I cried unto Thee,
Dómine, exáudi vocem meam. O Lord: Lord, hear my voice.

Fiant aures tuae intendentes: in vocem Let Thine ears be attentive to the voice of
deprecationis meae. my supplication.

Si iniquitátes observaveris, Dómine: If Thou, Lord, shoulst mark iniquities,
Dómine, quis sustinebit. O Lord, who shall stand?

Quia apud te propitiatio est: et propter But there is forgiveness with Thee:
legem tuam sustinui te, Dómine. because of Thy law I wait for Thee, O
Lord.

Sustinuit anima mea in verbo ejus: My soul waiteth on His word: my soul
speravit anima mea in Dómino. hopeth in the Lord.

A custodia matutina usque ad noctem: From the morning watch even until night
speret Israel in Dómino. let Israel hope in the Lord:

Quia apud Dóminum misericordia: et For with the Lord is mercy, and with Him
copiosa apud eum redemptio. is plentiful redemption.

Et ipse redimet Israel, ex omnibus And He shall redeem Israel, from all his
iniquitatibus ejus. iniquities.

V. Réquiem ætérnam dona eis, Dómine. V. Eternal rest grant unto them, O Lord.
R. Et lux perpetua luceat eis. R. And let perpetual light shine upon
them.

Let us Pray— O God, the Creator and Redeemer of all the faithful, grant to the souls of Thy servants departed the remission of all their sins, that through pious supplications they may obtain that pardon which they have always desired: Who livest and reignest for ever and ever. Amen.

May they rest in peace. Amen.

Prayer for Deceased Parents.

O God, Who hast commanded us to honour our father and mother, in Thy pity have mercy on the souls of my parents, and forgive them their sins; and grant that I may one day see them in the joys of everlasting glory. Through Christ our Lord. Amen.

PRAYERS

Prayer for a Happy Death.

By Cardinal Newman.

O my Lord and Saviour, support me in that hour in the strong arms of Thy Sacraments, and by the fresh fragrance of Thy consolations. Let the absolving words be said over me, and the holy oil sign and seal me, and Thy own Body be my food, and Thy Blood my sprinkling, and let Thy sweet Mother Mary, breathe on me, and my Angel whisper peace to me, and my glorious Saints . . . smile upon me; that in them all, and through them all, I may receive the gift of perseverance, and die, as I desire to live, in Thy Faith, in Thy Church, in Thy service, and in Thy love. Amen.

Prayer for the Pope.

O God, of all the faithful the Pastor and Ruler, graciously regard Thy servant *N.*, whom Thou hast appointed to preside as Pastor over Thy Church; grant, we beseech Thee, that by word and example he may benefit those over whom he is set, that, together with the flock committed to him, he may come to life everlasting.

Prayer for the Feast of St. Patrick.

O God, Who didst in a wonderful manner call the Blessed Patrick to be the Apostle of the Irish race, grant, we beseech Thee, that those who, through Thy mercy, are his spiritual children may be worthy of their martyred fathers in the Faith, and may be ever true to Thee and to Thy Holy Church. Through Christ Our Lord. Amen.

Prayer for the United States of America.

Most Holy Trinity, we place the united States of America into the hands of Mary Immaculate in order that she may present the country to Thee. Through her we wish to thank Thee for the great resources of this land and for the freedom which has been its heritage. Through the intercession of Mary, have mercy on the Catholic Church in America. Grant us peace. Have mercy on our President and on all the officers of our government. Grant us a fruitful economy, born of justice and charity. Have mercy on capital industry and labor.

Protect the family life of the nation. Guard the precious gift of many religious vocations. Through the intercession of our Mother, have mercy on the sick, the tempted, sinners--on all who are in need.

O Mary, Immaculate Virgin, our Mother, patroness of our Land, we praise thee and honor thee and give ourselves to thee. Protect us from every harm. Pray for us, that acting always according to thy will and the will of thy divine Son, we may live and die pleasing to God. Amen.

(Excerpt from a prayer attributed to Archbishop John Carroll, first bishop of the United States)

PRAYERS

MORNING PRAYERS

As soon as you awake in the morning let your first thought be of God. Say the

MORNING OFFERING:

O Jesus, through the most pure heart of Mary, I offer Thee the prayers, works, joys and sufferings of this day for all the intentions of Thy divine Heart.

When dressed kneel down and make the Sign of the Cross:

In the name ✠ of the Father and of the Son, and of the Holy Ghost. Amen.

Blessed be the holy and undivided Trinity, now and for evermore. Amen.

AN ACT OF ADORATION

O great God, the Sovereign Lord of heaven and earth, I prostrate myself before Thee. With all the Angels and Saints I adore Thee, I acknowledge Thee to be my creator and Sovereign Lord, my first beginning and last end. I render to Thee the homage of my being and life. I submit myself to Thy holy Will, and I dedicate myself to Thy divine service this day and for ever.

Then say:

Our Father, Who art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Hail, Mary, full of grace; The Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, JESUS. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

I believe in God, the Father almighty, Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried: he descended into hell; the third day he arose again from the dead; he ascended into heaven; sitteth at the right hand of God the Father almighty: from thence he shall come to judge the living and the dead. I believe in the Holy Ghost, the holy Catholic Church, the communion of Saints, the forgiveness of sins. The resurrection of the body. And life everlasting. Amen.

Angel of God my guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide. Amen.

Now make a firm resolution to avoid evil and to do good. (Continued overleaf...)

PRAYERS

Adorable Jesus! divine model of that perfection to which we should aspire! I will endeavour this day to follow Thine example: to be mild, humble, chaste, zealous, patient, charitable, and resigned. Incline my heart to keep Thy commandments. I am resolved to watch over myself with the greatest diligence and to live soberly, justly, and piously, for the time to come. I will take care of my words, that I may not offend with my tongue. I will turn away my eyes, that they may not see evil, and I will be particularly attentive not to relapse this day into my usual failings, but to struggle against them with Thy gracious assistance. Enlighten my mind, purify my heart, and guide my steps, that I may pass all my life in Thy divine service. Amen.

EVENING PRAYERS

Never go to bed without thanking God for all the benefits you have received during the day and during your whole life.

Kneel down and make the Sign of the Cross:

In the name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

Blessed be the holy and undivided Trinity, now and for evermore. Amen.

Now say three HAIL MARY'S in honour of our Lady's purity, and the words:

Through thy sacred Virginity and Immaculate Conception, O pure Virgin Mary, obtain for me purity of body and sanctity of soul.

Place yourself in the presence of God, humbly adore Him:

Great God, the Lord of heaven and earth, I prostrate myself before Thee. With all the Angels and Saints I adore Thee. I acknowledge Thee to be my Creator and Sovereign Lord, my first beginning and last end, I render to Thee the homage of my being and life. I submit myself to Thy holy Will, and I devote myself to Thy divine service now and for ever.

Say the CONFITEOR:

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed: through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, to pray to our Lord our God for me.

May almighty God have mercy on me, forgive me my sins, and bring me to everlasting life. Amen.

May the almighty and merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

PRAYERS

After an Examination of Conscience make a fervent ACT OF CONTRITION:

O my God, I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my loving Saviour Jesus Christ, but most of all, because they offend Thine infinite Goodness; and I firmly resolve by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin. Amen.

Then say the HAIL HOLY QUEEN:

Hail, holy Queen, mother of mercy! Hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

and some short ASPIRATIONS:

O Sacred Heart of Jesus, I implore that I may love thee daily more and more.

Sweet Jesus bless our parents, our brothers and sisters and our companions. Bless our Holy Father the Pope and all his bishops and Priests, and help them in their work for the salvation of souls. Bless our country and help our people to serve Thee in peace and happiness.

{Heart of Jesus, once in agony, pity the dying.

{Jesus, Mary and Joseph, I give you my heart and my soul.

{Jesus, Mary and Joseph, assist me in my last agony.

{Jesus, Mary and Joseph, may I breathe forth my soul in peace with you. Amen.

O Jesus, have pity on the poor souls in purgatory, and give them eternal rest. Amen.

Our Lady of Guadalupe, pray for us.

St Rose of Lima, pray for us.

St. Joseph, pray for us.

OFFERING OF MASS. (See Page 12)

Eternal Father, I unite myself with the intentions and affections of Our Lady of Sorrows on Calvary., and I offer Thee the sacrifice which Thy beloved Son Jesus made of Himself on the Cross, and now renews on this holy altar: 1. To adore Thee and honour Thee as is Thy due, confessing Thy supreme dominion over all things and their total dependence upon Thee. 2. To thank Thee for numberless benefits received. 3. To appease Thy justice offended by our many sins, and to make satisfaction for them. 4. To beg grace and mercy for myself and others (name these) , for all sorrowing and afflicted, for poor sinners, for all the world, and for the holy souls in Purgatory.

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