

My soul hath relied on His word: my soul hath hoped in the Lord.

From the morning watch even until night, let Israel hope in the Lord.

Because with the Lord there is mercy, and with Him plentiful redemption.

And He shall redeem Israel from all his iniquities.

℣. Eternal rest grant unto them, O Lord.
℟. And let perpetual light shine upon them.
℣. May they rest in peace.
℟. Amen.

May the souls of the faithful departed through the mercy of God rest in peace.
℟. Amen.

PRAYER TO ST. MICHAEL THE ARCHANGEL

HOLY Michael Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil.—May God rebuke him, we humbly pray: and do thou, Prince of the heavenly host, by the power of God thrust down to hell Satan and all wicked spirits, who wander through the world for the ruin of souls. ℟. Amen.

ANIMA CHRISTI

SOUL of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from Thee
From the malignant enemy defend me.
In the hour of my death call me.
And bid me to come to Thee.
That with Thy saints I may praise Thee
For ever and ever. Amen.

**Indulgence of 300 days.—Seven years, if these invocations are devoutly recited after Holy Communion.—Plenary, under the usual conditions, if these invocations are daily recited during a month.*

PRAYER BEFORE A CRUCIFIX*



BEHOLD, O kind and most sweet Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee that Thou wouldst impress upon my heart lively sentiments of faith, hope and charity, with a true contrition for my sins and a firm purpose of amendment; whilst with deep affection and grief of soul I ponder within myself and mentally contemplate Thy five wounds, having before my eyes the words which long ago David the prophet put in Thy mouth concerning Thee: They have pierced My hands and My feet, they have numbered all My bones. (Ps. 21. 17, 18)

CANTICLE OF THE B.V.M. -- Luke 1, 46-55

MY soul doth magnify the Lord;
And my spirit hath rejoiced in God my Saviour,
Because he hath regarded the humility of his handmaid: for behold from henceforth all generations shall call me blessed,
Because he that is mighty hath done great things to me, and holy is his name,
And his mercy is from generation unto generation to those that fear him.
He hath showed might in his arm; he hath scattered the proud in the conceit of their heart.
He hath put down the mighty from their seat, and hath exalted the humble.
He hath filled the hungry with good things, and the rich he hath sent away empty.
He hath received Israel, his servant, being mindful of his mercy, Glory be to the Father As it was in the beginning

** Indulgence of 10 years, when recited before a picture of the Crucified.—Plenary, under the usual conditions, with a prayer for the intention of His Holiness.*

Prayers every Catholic should know

THE SIGN OF THE CROSS

IN the name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

THE LORD'S PRAYER

OUR Father, Who art in heaven, hallowed be Thy name: Thy kingdom come: Thy will be done on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses, as we forgive them who trespass against us: and lead us not into temptation: but deliver us from evil. Amen.

THE HAIL MARY

HAIL Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLE'S CREED

I BELIEVE in God, the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, dead and buried; He descended into hell, the third day, He arose again from the dead, and ascended into heaven and sitteth at the right hand of God, the Father almighty. From thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

GLORY BE TO THE FATHER

GLORY be to the Father, ✠ and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be world without end. Amen.

THE MORNING OFFERING

O JESUS, through the most pure heart of Mary, I offer Thee the prayers, works, joys and sufferings of this day for all the intentions of Thy divine Heart.

THE CONFITEOR

I CONFESS to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the Holy Apostles Peter and Paul, and to all

the saints, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore I beseech the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the Holy Apostles Peter and Paul and all the saints, to pray to the Lord our God for me.

May the Almighty God have mercy on me, forgive me my sins, and bring me to life everlasting. Amen.

AN ACT OF CONTRITION

O MY God, I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my loving Saviour Jesus Christ, but most of all, because they offend Thine infinite Goodness; and I firmly resolve by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin. Amen.

A SHORT ACT OF CONTRITION

O MY God, I am very sorry that I have sinned against Thee, because Thou art so good, and I will not sin again.

AN ACT OF FAITH

O MY God, I firmly believe all the truths that the Holy Catholic Church believes and teaches; I believe these truths, O Lord, because Thou, the infallible Truth, hast revealed them to her; in this Faith I am resolved to live and die. Amen.

AN ACT OF HOPE

O MY God, relying on Thy promises, I hope that through the infinite merits of Jesus Christ, Thou wilt grant me pardon of my sins and the graces necessary to serve Thee in this life, and to obtain eternal happiness in the next.

AN ACT OF CHARITY

O MY God, I love Thee with my whole heart and above all things because Thou art infinitely good and perfect; and I love my neighbour as myself for love of Thee. Grant that I may love Thee more and more in this life and in the next for all eternity. Amen.

MEMORARE

REMEMBER, O most loving Virgin Mary, that never was it known in any age, that any one who fled to thy protection, implored thy aid, or sought thy intercession was

abandoned by thee. Inspired with confidence therefore I fly to thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand sinful and sorrowful; do not, O Mother of the Word Incarnate, despise my prayers, but graciously hear and grant them. Amen.

TO MY GUARDIAN ANGEL

ANGEL of God my guardian dear,
To whom God's love commits me
here,
Ever this day be at my side,
To light and guard, to rule and
guide.
Amen.

HAIL HOLY QUEEN

HAIL, holy queen, Mother of mercy; hail, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

GRACE BEFORE MEALS

BLESS us, O Lord, and these Thy gifts which of Thy bounty we are about to receive, through Christ our Lord. Amen.

GRACE AFTER MEALS

WE give Thee thanks, O Almighty God, for all Thy benefits, Who livest and reignest world without end . Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

THE ANGELUS

∿. The Angel of the Lord declared
unto Mary.
℟. And she conceived of the Holy
Ghost.

Hail Mary, etc.

∿. Behold the handmaid of the Lord.
℟. Be it done unto me according
word.

Hail Mary, etc.

∿. And the Word was made Flesh
℟. And dwelt among us.

Hail Mary, etc.

∿. Pray for us, O holy Mother of
God.
℟. That we may be made worthy of
the promises of Christ.

Let us Pray.

POUR forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through same Christ our Lord. Amen.

REGINA CÆLI

The Regina Cæli is said instead of the Angelus, from Holy Saturday to the Saturday after Pentecost Sunday.

∿. O Queen of heaven! rejoice, Alleluia!
℟. For He whom thou didst merit to bear, Alleluia;
∿. Hast risen as he said, Alleluia.
℟. Pray for us to God. Alleluia.

Let us Pray.

O GOD, Who through the life, death and Resurrection of Thy Son, our Lord Jesus Christ, hast brought great joy to the whole world, grant we beseech Thee that through the merits of His Virgin Mother Mary, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.

DE PROFUNDIS

OUT of the depths have I cried to Thee, O Lord;
Lord hear my voice.

Let Thine ears be attentive to the voice of my supplication.

If Thou, O Lord, wilt mark iniquities; Lord, who shall stand it?

For with Thee there is merciful forgiveness; and by reason of Thy law, I have waited for Thee, O Lord.